



BABA FARID COLLEGE OF ENGINEERING & TECHNOLOGY

Muksar Road, Bathinda-151001, Punjab (INDIA)

(Approved by AICTE, New Delhi and Affiliated to Maharaja Ranjit Singh Punjab Technical University, Bathinda)

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DVV CLARIFICATIONS 3.4.3

3.4.3- Number of extension and outreach programs conducted by the institution through organized forums including NSS/NCC with involvement of community during the last five years

S.No	Report of Extension and outreach program for the year	Page No.
1	2021-22	1-45
2	2020-21	46-49
3	2019-20	50-72
4	2018-19	73-97
5	2017-18	98-110


Principal
Baba Farid College of Engineering & Technology
BATHINDA



Report of Extension and outreach program for 2021-22



Name of Activity: **Cancer Checkup and Awareness Camp**

Organizing Unit: **NSS/NCC Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **World Cancer Care and American Oncology Institute, DMC**

Date of Execution: **June 11, 2022**

Number of Students Participated: **43**

NSS/NCC Unit of Baba Farid College of Engineering & Technology in collaboration with World Cancer Care and American Oncology Institute, DMC organized a Free Cancer Checkup and Awareness Camp at BFGI Campus on June 11, 2022. More than 300 People were examined by an expert team of Doctors and also given free medicines during this Camp. The medical professionals provided cancer checkup facilities to the attendees. The attendees were tested for PAP tests for cervical cancer in Women, PSA test for Prostate Cancer in Men and oral and Blood Cancer Test in Men & Women. The test results were provided on the spot, and further treatment recommendations were given to those who needed it. Pamphlets containing information about cancer prevention and treatment were distributed to the attendees. Total 43 students participated in this activity.

Chief Guest Hon'ble Cabinet Minister, Dr. Baljit Kaur Department of Social Justice, Empowerment & Minorities, and Department of Social Security and Development of Women and Children appreciated the efforts of BFGI for organizing this Camp. S. Jagroop Singh Gill, MLA, Bathinda congratulated Dr. Gurmeet Singh Dhaliwal, Chairman, BFGI for his long-term vision and for playing a key role in the development of Society through Baba Farid Group of Institutions in the field of Education as well as Social Welfare.

Dr. Gurmeet Singh Dhaliwal, Chairman, BFGI while addressing the audience shared that BFGI is always at the forefront in social welfare initiatives along with providing world-class education to its students. He shared that BFGI has a dedicated Social Welfare Department which takes various initiatives to serve society such as BFGI Blood Donors Squad, Free Ambulance Service, Mobile Kisan Awareness Van, Drive on Substance Abuse and Traffic Awareness, Awareness on Social Evils, etc.

Dharminder Singh Dhillon, MD, World Cancer Care during his address shared that World Cancer Care works for the noble cause of creating awareness and early detection of cancer amongst people living in all states of India, through mobile camps with 12 state-of-the-art mobile units in north India. Sh. Showkat Ahmad Parry (IAS), Deputy Commissioner, Bathinda and Prof. Sadhu



Singh Former Member of the Lok Sabha also appreciated the efforts of NSS/NCC Unit of Baba Farid College of Engineering & Technology in Social Welfare Activities.



A Glimpse of Cancer Checkup and Awareness Camp



Name of the Activity: **Planting for a Greener Tomorrow**

Organizing Unit: **NSS/NCC Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Gram Panchayat of Village Deon**

Date of the Activity: **June 05, 2022**

Location: **Village Deon, District Bathinda (Punjab)**

Number of Students Participated: **37**

After the COVID-19 pandemic, the NSS/NCC unit of Baba Farid College of Engineering and Technology organized a Tree Plantation Activity Planting for a Greener Tomorrow on June 05, 2022, at Village Deon, District Bathinda, under the Green India scheme in collaboration with Gram Panchayat of Village. 37 student volunteers from various departments helped make the activity a grand success under the supervision of Er. Balwant Singh (Coordinator, NSS/NCC Unit). He narrated that our college organizes these types of activities to increase student's awareness of the importance of trees and tree planting in the college and surroundings. He stressed the cause and effect of planting trees and their role in our environment. He added that scientific studies suggest students are better able to concentrate, complete tasks, and follow directions after playing in a natural environment. Principal, BFCET interacted with and motivated the students by sharing that Baba Farid College of Engineering & Technology always had a strong vision and commitment towards making the environment safe and clean.

Coordinator NCC shared that by planting trees students play a great role in protecting the environment through personal involvement. As we all know that the whole world is facing the problem of global warming and the rescue from this is planting trees is the best way to prevent global warming and reduce pollution, he added.

With the help of residents of the village, volunteers dug the soil so that when they are going to plant the trees they will put the seedlings and dump the soil. The volunteers worked tirelessly to plant a variety of trees, including neem, peepal, banyan, and mango Tamarindus Indica, etc. Each tree was dedicated to a local resident who had taken part in the planting process, and they had pledged to care for their designated tree. In total, over 40 trees were planted by a combination of teachers, volunteers, and community members.

Following the tree planting activity, Er. Balwant Singh delivered a speech to the volunteers, emphasizing the significance of their involvement in the program for both themselves and society. He highlighted the importance of creating awareness about environmental issues such as deforestation, tree planting, underground water recharging, cleaning of water bodies, and micro-watershed management to everyone in attendance. Overall, the tree plantation activity in



Deon village was a successful initiative that helped in promoting environmental awareness. It is important to continue organizing such initiatives to create a sustainable future and to encourage people to be responsible towards their environment.



NSS/NCC volunteers during Tree Plantation at Village Deon



Name of Activity: **Household Survey under Unnat Bharat Abhyaan**

Organizing Unit: **Baba Farid College of Engineering & Technology**

Collaborating Agency: **Unnat Bharat Abhyaan**

Date of Execution: **May 17, 2022**

Location: **Village Peori**

Number of Students Participated: **43**

Students of Baba Farid College of Engineering & Technology has completed household survey on 17th May 2022 under the Unnat Bharat Abhyaan (UBA) Scheme. S. Shaminder Singh, the village sarpanch, who also encourages the locals to supply correct statistics, launched the programme. The institution had arranged for a bus to take the students to the village of Peori, where they dispersed in groups of two to three people. By going door to door in the community, the students filled out the questionnaires for the household survey forms. Villagers discussed about their issues, facilities provided by government, pension's schemes, etc. in the village during the survey. Total 43 students participated in this activity.

Individuals who participated in the home survey told us about the difficulties they were having, but the majority of the villages had similar challenges. As they primarily rely on the agricultural sector, they have informed us about their sources of income. The majority of the village's roads have poor conditions due to which some time accidents also occur, and the second significant concern is dumping of waste as no proper space is allocated for the same. Additionally, students filled out information about farming land, livestock, Pesticides used by Farmers and other topics.



Glimpse of Household Survey under Unnat Bharat Abhyaan



Name of the Activity: **Awareness Rally on Water Conservation**

Organizing Unit: **NSS/NCC Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Unnat Bharat Abhyaan**

Date of the Activity: **May 13, 2022**

Location: **Village Peori, District Sri Muktsar Sahib (Punjab)**

Number of Students Participated: **69**

NSS/NCC unit of Baba Farid College of Engineering & Technology conducted an Awareness Rally on Water Conservation' on 13th May 2022 to create awareness of water conservation under Unnat Bharat Abhiyan. The awareness rally was inaugurated by the Principal, BFCET, Dr. Jayoti Bansal. For an awareness rally, students prepared pluck cards and posters on water conservation. They created awareness among residents of the village about water conservation. 69 students of the 2nd, 4th & 6th Semester participated in the rally. In a rally, Volunteers distributed pamphlets with messages on water conservation techniques and their implementation at various levels. All the volunteers and residents of the village took a pledge to save water, plant tree saplings, and take efforts to preserve rainwater in storage tanks and water bodies in their respective villages and towns.

The water crisis is a pressing issue affecting many parts of the world, and campaigns to reduce everyday water usage can play an important role in mitigating its impact. In this particular campaign, students took on a proactive role by engaging with families and villagers to raise awareness about the need for water conservation. Through their efforts, they were able to provide practical tips and guidance on how to minimize water usage and promote sustainable habits.

The students involved in the water conservation campaign showed remarkable creativity and dedication in their efforts to promote sustainable water usage in the community. Their simple yet effective ideas, such as turning off the tap while brushing teeth or checking for water leakages, have the potential to make a significant impact in reducing water waste.

The fact that their initiative was appreciated not only by the villagers but also by the local sarpanch, Shaminder Singh, is a testament to the value of their work. It's clear that the student's efforts have helped to raise awareness about the importance of water conservation and inspired others to take action.



Awareness Rally on Water Conservation in Village Peori

ਬੀ.ਐਫ.ਸੀ.ਈ.ਟੀ., ਬਠਿੰਡਾ ਨੇ 'ਉੱਨਤ ਭਾਰਤ ਅਭਿਆਨ' ਤਹਿਤ ਇੱਕ ਰੋਜ਼ਾ ਸਮਾਜਿਕ ਗਤੀਵਿਧੀ ਕਰਵਾਈ

ਬਠਿੰਡਾ, 29 ਮਈ। ਸੁਖਵਿੰਦਰ ਸਿੰਘ ਸਰਾ। ਬਾਬਾ ਫਰੀਦ ਕਾਲਜ ਆਫ ਟੈਕਨਾਲੋਜੀ, ਬਠਿੰਡਾ ਵੱਲੋਂ 'ਉੱਨਤ ਭਾਰਤ ਅਭਿਆਨ' ਤਹਿਤ ਇੱਕ ਰੋਜ਼ਾ ਸਮਾਜਿਕ ਗਤੀਵਿਧੀ ਕਰਵਾਈ ਗਈ। 'ਉੱਨਤ ਭਾਰਤ ਅਭਿਆਨ' ਵਿਕਾਸ ਦੀਆਂ ਚੁਨੌਤੀਆਂ ਦੀ ਪਛਾਣ ਕਰਨ ਅਤੇ ਇਕੱਠੇ ਵਿਕਾਸ ਨੂੰ ਤੇਜ਼ ਕਰਨ ਲਈ ਉੱਚ ਵਿਦਿਆਰਥੀ ਸੰਸਥਾਵਾਂ ਨੂੰ ਪੇਂਡੂ ਭਾਰਤ ਦੇ ਲੋਕਾਂ ਨਾਲ ਸੰਮਤ ਕਰਨ ਦੇ ਸੰਕੇਤ ਬਣਾਉਣਾ ਹੈ। ਇਸ ਲਈ 'ਉੱਨਤ ਭਾਰਤ ਅਭਿਆਨ' ਤਹਿਤ ਕਾਲਜ ਨੇ ਪਿਛੇ ਪਿਛੀ (ਸੀ ਮੁਕਤਸਰ ਸਾਹਿਬ) ਵਿਖੇ ਇੱਕ ਰੋਜ਼ਾ ਸਮਾਜਿਕ ਗਤੀਵਿਧੀ ਕਰਵਾਈ। ਇਸ ਗਤੀਵਿਧੀ ਵਿੱਚ ਪਾਣੀ ਦੀ ਸੰਭਾਲ



ਉਨ੍ਹਾਂ ਨੂੰ ਵਿਸ਼ਵ ਵਿੱਚ ਪੈਦਾ ਜਲ ਸੰਕਟ ਬਾਰੇ ਜਾਗਰੂਕ ਕੀਤਾ। ਸੁਖ ਪਿੰਡ ਵਾਸੀਆਂ ਅਤੇ ਪਿੰਡ ਦੇ ਸਰਪੰਚ ਸ਼ਮਿੰਦਰ ਸਿੰਘ ਨੇ ਵਿਦਿਆਰਥੀਆਂ ਵੱਲੋਂ ਕੀਤੇ ਗਏ ਇਸ ਉਪਰਾਲੇ ਦੀ ਸ਼ਲਾਘਾ ਕੀਤੀ ਅਤੇ ਹੋਲੀ ਵਿੱਚ ਸਮੁਲੀਅਤ ਕੀਤੀ। ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਇਹ ਗਤੀਵਿਧੀ ਬਹੁਤ ਵਧੀਆ ਅਤੇ ਅਹਿਮ ਲੱਗੀ ਅਤੇ ਉਨ੍ਹਾਂ ਨੇ ਸਭੇ ਇੰਨਾ ਨਾਲ ਭਵਿੱਖ ਵਿੱਚ ਅਜਿਹੀਆਂ ਹੋਰ ਗਤੀਵਿਧੀਆਂ ਕਰਵਾਉਣ ਦੀ ਭੁੱਲ ਕਰੀ। ਬੀ.ਐਫ.ਸੀ.ਆਈ. ਦੇ ਚੇਅਰਮੈਨ ਡਾ. ਸੁਰਮੀਤ ਸਿੰਘ ਧਾਲੀਵਾਲ ਨੇ ਬਾਬਾ ਫਰੀਦ ਕਾਲਜ ਆਫ ਇੰਜ. ਐਂਡ ਟੈਕਨਾਲੋਜੀ ਦੇ ਇਸ ਉਪਰਾਲੇ ਦੀ ਬਹੁਤ ਸ਼ਲਾਘਾ ਕੀਤੀ।

ਬਾਰੇ ਇੱਕ ਜਾਗਰੂਕਤਾ ਰੈਲੀ ਕੱਢੀ ਗਈ। ਜਿਸ ਵਿੱਚ ਕਾਲਜ ਦੇ ਕੁੱਲ 60 ਵਿਦਿਆਰਥੀਆਂ ਅਤੇ ਇੰਜ. ਸੁਖਦੀਪ ਕੌਰ, ਇੰਜ. ਸਤਵੀਰ ਸਿੰਘ, ਇੰਜ. ਗੁਰਸੇਵਕ ਸਿੰਘ ਅਤੇ ਜਸਨਦੀਪ ਸਿੰਘ ਆਦਿ 4 ਫੈਕਲਟੀ ਮੈਂਬਰਾਂ ਨੇ ਕਾਲਜ ਦੀ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਜਥੋਤੀ ਬਾਂਸਲ ਦੀ ਅਗਵਾਈ ਹੇਠ ਹਿੱਸਾ ਲਿਆ। ਇਸ ਗਤੀਵਿਧੀ ਦਾ ਮੁੱਖ ਮੰਤਵ 'ਉੱਨਤ ਭਾਰਤ ਅਭਿਆਨ' ਦੀ ਵਿਆਖਿਆ ਕਰਨਾ ਅਤੇ ਪਿੰਡਾਂ ਦੇ

ਲੋਕਾਂ ਨੂੰ ਸਾਫ਼ ਪਾਣੀ ਦੀ ਘਾਟ ਬਾਰੇ ਅਤੇ ਪਾਣੀ ਵਰਗੇ ਕੀਮਤੀ ਸਰੋਤ ਦੀ ਸੰਭਾਲ ਬਾਰੇ ਜਾਗਰੂਕ ਕਰਨਾ ਸੀ। ਇਸ ਮੁਹਿੰਮ ਦਾ ਉਦੇਸ਼ ਵਿਸ਼ਵ ਵਿੱਚ ਪਾਣੀ ਦੇ ਸੰਕਟ ਕਾਰਨ ਹੋਜ਼ਾਰਾਂ ਪਾਣੀ ਦੀ ਵਰਤੋਂ ਦੀ ਦਰ ਨੂੰ ਘਟਾਉਣਾ ਅਤੇ ਕੁਦਰਤੀ ਜਲ ਸਰੋਤਾਂ ਦੀ ਸੰਭਾਲ ਅਤੇ ਸੁਰੱਖਿਆ ਕਰਨਾ ਹੈ। ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਪਾਣੀ ਦੀ ਸੰਭਾਲ ਬਾਰੇ ਬਹੁਤ ਸਾਰੇ ਪਰਿਵਾਰਾਂ ਨਾਲ ਗੱਲਬਾਤ ਕੀਤੀ ਅਤੇ ਪਾਣੀ ਦੀ ਸੁਚੱਜੀ ਵਰਤੋਂ ਬਾਰੇ ਵੀ

ਗੱਲਬਾਤ ਕੀਤੀ ਅਤੇ ਹੋਲੀ ਵਿੱਚ ਸਮੁਲੀਅਤ ਕੀਤੀ। ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਇਹ ਗਤੀਵਿਧੀ ਬਹੁਤ ਵਧੀਆ ਅਤੇ ਅਹਿਮ ਲੱਗੀ ਅਤੇ ਉਨ੍ਹਾਂ ਨੇ ਸਭੇ ਇੰਨਾ ਨਾਲ ਭਵਿੱਖ ਵਿੱਚ ਅਜਿਹੀਆਂ ਹੋਰ ਗਤੀਵਿਧੀਆਂ ਕਰਵਾਉਣ ਦੀ ਭੁੱਲ ਕਰੀ। ਬੀ.ਐਫ.ਸੀ.ਆਈ. ਦੇ ਚੇਅਰਮੈਨ ਡਾ. ਸੁਰਮੀਤ ਸਿੰਘ ਧਾਲੀਵਾਲ ਨੇ ਬਾਬਾ ਫਰੀਦ ਕਾਲਜ ਆਫ ਇੰਜ. ਐਂਡ ਟੈਕਨਾਲੋਜੀ ਦੇ ਇਸ ਉਪਰਾਲੇ ਦੀ ਬਹੁਤ ਸ਼ਲਾਘਾ ਕੀਤੀ।

ਪੇਂਜਲ ਕੀ ਕਿਲਲਤ ਕੇ ਬਾਰੇ ਮੈਂ ਕਿਆ ਜਾਗਰੂਕ

ਸੰਸ. ਬਠਿੰਡਾ : ਬਾਬਾ ਫਰੀਦ ਕਾਲਜ ਆਫ ਇੰਜੀਨੀਅਰਿੰਗ ਐਂਡ ਟੈਕਨਾਲੋਜੀ ਦੀ ਤਰਫ਼ ਤੋਂ ਉਨਨਤ ਭਾਰਤ ਅਭਿਆਨ ਕੇ ਤਹਤ ਏਕ ਦਿਵਸੀਯ ਸਾਮਾਜਿਕ ਗਤਿਵਿਧਿ ਕਰਵਾਈ ਗਈ। ਇਸ ਤੈਰਾਨ ਕਾਲੇਜ ਕੇ 60 ਵਿਧਿਆਰਥੀਯੋਂ ਵ ਇੰਚਾਰਜ ਸੁਖਵਦੀਪ ਸਿੰਘ, ਇੰਚਾਰਜ ਸਤਵੀਰ ਸਿੰਘ, ਇੰਚਾਰਜ ਗੁਰਸੇਵਕ ਸਿੰਘ ਵ ਜਸ਼ਨਦੀਪ ਸਿੰਘ ਸਮੇਤ ਚਾਰ ਫੈਕਲਟੀ ਮੈਂਬਰੋਂ ਨੇ ਕਾਲੇਜ ਕੇ ਪ੍ਰਿੰਸਿਪਲ ਡਾ. ਜਥੋਤਿ ਬਾਂਸਲ ਕੀ ਅਗੁਆਈ ਮੈਂ ਹਿਰਸਾ ਲਿਆ। ਇਸ ਗਤਿਵਿਧੀ ਕਾ ਮੁਖ਼ ਮਹਤਵ ਉਨਨਤ ਭਾਰਤ ਅਭਿਆਨ ਕਰਨਾ ਵ ਗਾਂਵੋਂ ਕੇ ਲੋਗੋਂ ਕੀ ਸਾਫ ਪਾਨੀ ਕੀ ਕਮੀ ਕੇ ਬਾਰੇ ਮੈਂ ਵ ਪਾਨੀ ਜੈਸੇ ਕੀਮਤੀ ਸ਼ੋਰਤ ਕੀ



ਬਾਬਾ ਫਰੀਦ ਕਾਲਜ ਆਫ ਇੰਜੀਨੀਅਰਿੰਗ ਐਂਡ ਟੈਕਨਾਲੋਜੀ ਮੈਂ ਕਿਲਲਤੀ ਏਕ ਦਿਵਸੀਯ ਸਾਮਾਜਿਕ ਗਤਿਵਿਧਿ ਕੇ ਤੈਰਾਨ • ਸੀ. ਕਾਲੇਜ

ਸੰਭਾਲ ਕੇ ਬਾਰੇ ਮੈਂ ਜਾਗਰੂਕ ਕਰਨਾ ਥਾ। ਇਸ ਮੁਹਿੰਮ ਕਾ ਉਦੇਸ਼ਯ ਵਿਸ਼ਵ ਮੈਂ ਪਾਨੀ ਕਾ ਸੰਕਟ ਕੇ ਕਾਰਣ, ਰੋਜਾਨਾ ਪਾਨੀ ਕਾ ਪ੍ਰਯੋਗ ਕੀ ਦਰ ਕਮ ਕਰਨਾ ਵ ਕੁਦਰਤੀ ਜਲ ਸ਼ੋਰਤ ਕੀ ਸੰਭਾਲ ਵ ਸੁਰਕਸ਼ਾ ਕਰਨਾ ਥਾ। ਵਿਧਿਆਰਥੀਯੋਂ ਨੇ ਪਾਨੀ ਕੀ ਸੰਭਾਲ ਕੇ

ਬਾਰੇ ਮੈਂ ਬਹੁਤ ਸੇ ਪਰਿਵਾਰੋਂ ਸੇ ਬਾਤਚੀਤ ਕੀ। ਗਾਂਵ ਕੇ ਸਰਪੰਚ ਸ਼ਮਿੰਦਰ ਸਿੰਘ ਨੇ ਵਿਧਿਆਰਥੀਯੋਂ ਕੀ ਤਰਫ਼ ਸੇ ਕ੍ਰਿਯ ਗਏ ਪ੍ਰਵਾਸ ਕੀ ਪ੍ਰਸ਼ਾਂਸਾ ਕੀ। ਇਸ ਤੈਰਾਨ ਬਾਬਾ ਫਰੀਦ ਕੇ ਚੇਅਰਮੈਨ ਡਾ. ਗੁਰਮੀਤ ਸਿੰਘ ਧਾਲੀਵਾਲ ਨੇ ਵਿਭਾਗ ਕੀ ਪ੍ਰਸ਼ਾਂਸਾ ਕੀ।

Media Coverage of Awareness Rally on Water Conservation



Name of Activity: **One Day Eco Restoration Camp**

Organizing Unit: **NSS Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Gram Panchayat, Deon**

Date of Execution: **March 31, 2022**

Location: **Village Deon**

Number of Students Participated: **23**

On March 31, 2022, a one-day eco-restoration camp was organized by the NSS unit of Baba Farid College of Engineering & Technology in village Deon in collaboration with Gram Panchayat, Deon. Total 23 students participated in this activity. The aim of this camp was to raise awareness about the importance of restoring natural habitats and preserving the environment. The primary objective of the eco-restoration camp was to promote environmental awareness and encourage participants to take an active role in restoring natural habitats.

The one-day eco-restoration camp consisted of various activities designed to educate and engage participants. The activities included:

Tree plantation: Participants planted trees in the area to help restore the local ecosystem and reduce carbon dioxide levels.

Clean-up drive: Participants cleaned the area by collecting and disposing of litter and other waste materials.

Workshop: A workshop was conducted to educate participants on the importance of environmental conservation and provide practical tips on reducing their environmental footprint. The one-day eco-restoration camp was a meaningful and impactful event that helped raise awareness about the importance of environmental conservation. The activities were engaging and educational, and the outcomes were positive. Overall, the camp was a success in promoting the message of environmental conservation and inspiring participants to take action.



A Glimpse of One Day Eco Restoration Camp



Name of Activity: **Anti-Drug Awareness Seminar**

Organizing Unit: **NSS Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Gram Panchayat, Village Chuge Kalan**

Date of Activity: **March 14, 2022**

Location: **Village Chughe Kalan (Distt: Bathinda)**

Number of Students Participated: **23**

Number of Residents Participated: **66**

In India, there is a need for time to strengthen global action and cooperation to achieve the goal of a society free of Drugs. To curb, volunteers of the NSS Unit of Baba Farid College of Engineering & Technology organized an extension cum outreach activity under Nasha Mukta Bharat Abhiyan, 'Anti-Drug Awareness Seminar' on March 14, 2022, at Village Chughe Kalan (Distt: Bathinda) in collaboration with Gram Panchayat, Village Chuge Kalan to create awareness among the resident of Village Chughe Kalan to fight against the substance abuse as well as the unlawful trade of drugs. 23 NSS student volunteers of the unit and 66 villagers participated in the seminar.

The anti-drug awareness seminar was graced by the presence of Er. Balwant Singh and Sh. B.D. Sharma who shared valuable insights with the audience. Er. Balwant Singh expressed his belief that the education sector is an ideal platform to conduct such seminars, given its widespread reach and impact. Sh. B.D. Sharma praised the youth of the country and acknowledged their potential to lead the nation toward success. He emphasized the importance of family-based prevention programs in enhancing family bonding and relationships, and highlighted the need for parenting skills and drug education to be a part of anti-drug campaigns. Sh. B. D. Sharma also informed the audience about the national Toll-Free Drug De-addiction helpline number that has been set up to provide support to victims of drug abuse.

The seminar also included interactive sessions where the audience was encouraged to ask questions and share their experiences. The speakers addressed the queries and provided practical tips on how to recognize the signs of drug abuse in oneself or a loved one and how to seek help. In conclusion, the anti-drug awareness seminar was a resounding success and helped to create awareness among the community about the dangers of drug abuse. The speakers provided valuable insights and information that will help individuals make informed decisions and take preventive measures to avoid drug addiction. The interactive sessions helped to address the concerns and queries of the audience, and the seminar was



well received by all. Overall, it was an informative and eye-opening experience for everyone who attended the seminar. In the end, Sarpanch, and Gram Panchayat thanked the speakers and volunteers of the NSS unit, for coming up with this kind of initiative.



Glimpse of Anti-Drug Awareness Seminar



Name of the Activity: **Greening Our Environment: A Tree-Planting Initiative**

Organizing Unit: **NCC/NSS Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **NGO Navi Soch Welfare Society**

Date of the Activity: **March 11, 2022**

Location: **Village Burragujjar District Bathinda (Punjab)**

Number of Students Participated: **13**

Number of Local Residents Participated: **17**

Tree Plantation events are commonly organized with the aim of planting trees in a designated area, to enhance the environment and foster sustainability. The primary objective of such events is to increase awareness about the advantages of tree planting, while simultaneously motivating individuals and communities to actively participate in the endeavor to create a more eco-friendly future. These events serve as a crucial platform to promote a culture of green living and to encourage people to take proactive steps toward the preservation of our planet.

The NSS/NCC unit of Baba Farid College of Engineering and Technology, Bathinda, organized a Tree Plantation Program ‘Greening Our Environment: A Tree-Planting Initiative’ on 11 March, 2022 under Live Green India Scheme in collaboration with the local NGO “Navi Soch Welfare Society”, which is working on the upkeep of the environment and community. 13 volunteers of NSS/NCC unit participated in the tree plantation program.

The event aimed to spread awareness about the global issue of climate change and the critical role that trees play in mitigating it. The students urged people to take concrete actions to plant and tend to more trees to reduce pollution and prevent global warming. Initially, the students and local club members of ‘Navi Soch Welfare Society’ selected the empty places and the roadside of Baba Deep Singh Nagar of Village Burragujjar, to plant saplings in a well-organized way. With generous support from the Baba Farid Group of Institutions, Bathinda, students also distributed free saplings to plant at home across the locality. The students planted saplings, fenced them, and watered them. 20 trees were planted in the village of Burragujjar.

After the plantation, students gathered in a community hall of the village where they were served the refreshment by the Club members. On the same day, Er. Balwant Singh (, Coordinator of the NSS/NCC unit of BFCET) motivate the volunteers and youth by talking about the importance of NSS/NCC for them as well as society. In the end, Mr. Balkar Singh, President of Navi Soch Welfare Society, presented a vote of thanks to all the NCC volunteers. He said that his NGO will



continue to spread awareness about the harm caused by the cutting down of trees. The conclusion of the Tree Plantation event was met with an overwhelming sense of satisfaction and pride among all involved. The collective effort towards doing something beneficial for nature was a source of joy for everyone, and the locals and NGO members were quick to appreciate each step of the program. Buoyed by the success of the initiative, the volunteers pledged to continue their efforts with the same level of inspiration, enthusiasm, and zeal, with the aim of making a positive impact on the environment and enhancing the beauty of mother nature.



Volunteers Students with Club members & residents



Media coverage of the event 'Greening Our Environment: A Tree-Planting Initiative'



Name of Activity: **A Health Awareness Medical Camp**

Organizing Unit: **NCC/NSS Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Max Super Speciality Hospital Bathinda**

Date of Activity: **March 07, 2022**

Location: **Village Peori District: Sri Muktsar Sahib (Punjab)**

Number of Students Participated: **16**

A health awareness camp is a community-driven initiative to educate people about various health-related issues and to promote healthy living. It is a platform that enables individuals to gain awareness about various health issues and take steps towards a healthy lifestyle.

A Health Awareness Medical Camp at Village Peori, Distt: Sri Muktsar Sahib was organized by the NSS/NCC Unit in collaboration with Max Super Specialty Hospital Bathinda, on March 7, 2022. In a medical camp, doctors provided free checkups to people for various health issues. Attendees could avail of checkups for diabetes, high or low blood pressure, eye-checkup, cancer checkup, dental check-up, and skin-related problems. Total 16 students participated in this activity.

Around 70 people took advantage of this camp and got their checkup reports. In this camp, a team of specialized doctors from MAX Super-Specialty Hospital, Bathinda visited. After the checkup, Doctors gave advice to all the attendees as per their requirements. They provided information regarding diet, exercise, and weight control. One of the doctors addressed the villagers that the right health checks taken in time boost the chances of a longer and healthier life. The doctors advised the villagers not to ignore minor health problems in their bodies so that they don't become major and they should have regular checkups for maintaining their health. The health awareness medical camp was a success, with a good turnout of community members. The camp provided valuable information about various health-related issues and encouraged people to adopt healthy lifestyle habits. The members of the village Gram Panchayat also participated in a medical camp. They appreciated the efforts done by the NSS/NCC Unit of Baba Farid College of Engineering & Technology.



A team of doctors attending the patients during Health awareness camp



Villagers took benefit by getting the advice from the Doctors along with the Medical Kits in a Health awareness camp



Name of Activity: **Seminar on Social Issues**

Organizing Unit: **NCC Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Gram Panchayat, Village Khunan Kalan**

Date of the Activity: **January 24, 2022**

Location: **Village Khunan Kalan (Distt: Mukatsar)**

Number of Students Participated: **18**

It is very important to eliminate all the social issues for the progress of a country. These issues may exist in the form of inequality of gender or discrimination based on race, color, region, religion, nationality, child abuse, sexual orientation, etc. Being an incredibly diverse country, India is home to many cultures, religions, ethnicity, regions, colors, etc. Baba Farid College of Engineering & Technology (BFCET), Bathinda always focuses on Social activities so that students can get not only bookish knowledge but to prove themselves as reformers, and social workers and become good citizens. Keeping these things in mind, an awareness seminar on social issues was organized by the NCC Unit, BFCET on January 24, 2022, at Village Khunan Kalan (Distt: Mukatsar) to make the community aware of all the social issues prevailing in the society and also, they were motivated to be mentors for the society to remove these evils. The speakers were Er. Balwant Singh (NCC Unit, Er. Charandeep Singh Bedi (Assistant Professor, Department of Computer Science & Engineering), Dr. Nimisha Singh (HoD, Department of Computer Science & Engineering).

A total of 18 volunteers along with 41 other persons from the community participated in this activity. The seminar commenced with a welcome note for all the attendees. Sarpanch, Gram Panchayat graced the event with his presence. He addressed the audience and said that India is facing a large number of social issues such as the caste system, child labor, illiteracy, gender inequality, superstitions, religious conflicts, and many more. It is high time that society gets relief from these undesirable social evils and they can be only removed if Youth initiates and tries some efforts. Er. Balwant Singh started the session and gave many examples from society and all were motivated by his words. He added in his views that the constitution of India imparts equal rights for men and women. After his interaction, Er. Charandeep Singh Bedi expressed his views with all by certifying the facts shared by Er. Balwant Singh that though children of today's generation are confident of using social media still they are in the phase of developing skills to distinguish between good and bad, and would obviously need parents and guardians' help to make wise decisions. It becomes compulsory for an institute to teach them



about these issues. We must focus on character building. Children must be trained to have sound character.

After his address, Dr. Nimisha Singh talked about various issues like child labor, Immorality, and many more. She quoted some recent examples from newspapers and inspired the students to bring a change. At the end of the seminar, a vote of thanks was given by Sarpanch, Gram Panchayat to all the students and other attendees. He thanked them for their patient listening and their positive response throughout the seminar. He also shared his valuable thoughts and shared many experiences of his life. He also made them aware that only youth can bring positive change in society. The seminar concluded on a positive note.



The local Community getting aware of all the social evils at Village Khunan Kalan



Name of the Activity: **One Day Cleanliness Drive**

Organizing Unit: **NSS Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Gram Panchayat, Village Bhokhra, Distt: Bathinda**

Date of Activity: **January 12, 2022**

Location: **Village Bhokhra, Distt: Bathinda (Punjab)**

Number of Students Participated: **12**

Baba Farid College of Engineering & Technology, Bathinda always contributes to the welfare of the society and environment. The NSS Unit organized a One Day Cleanliness Drive under the Swachh Bharat Abhiyan scheme at village Bhokhra, Distt: Bathinda (Punjab) on January 12, 2022, with the collaboration of Gram Panchayat. A total of 12 volunteers from the NCC unit participated in this cleanliness drive. The drive included the cleanliness of the garden and temple of Village Bhokhra. The cleanliness drive started at 10:40 AM. Er. Gurjant Singh (Assistant Professor, Department of Mechanical Engineering) who led this activity, distributed areas of work. Following this, the volunteers were provided with gloves and masks for their safety.

The volunteers undertook the task of removing weeds and killing grass from the lawns using falcons and plowing up the gardens, resulting in a clean and visually appealing environment. Before the cleanliness initiative at the temple, the students and faculty members were invited to offer their prayers. To ensure efficiency in the cleaning process, the students were divided into three smaller groups.

The volunteers took it upon themselves to ensure that the nearby parks, dining halls, sitting areas of the temple, and park benches were all kept clean and tidy. Not stopping there, they also embarked on a more challenging task of cleaning the sewerage system with the assistance of the locals, using appropriate techniques. The students diligently cleared away the debris and festive litter from the neighborhood areas of the temple and resolved the blockage issue in the sewerage system, enabling the smooth flow of wastewater. They also took the time to educate the local community on the correct techniques to manage such issues in the future. Er. Gurjant Singh emphasized the importance of maintaining cleanliness and hygiene in our surroundings. He stated that sanitation is a crucial aspect of public and private health and plays a vital role in ensuring long life spans.

The Sarpanch of Gram Panchayat of Village Bhokhra also voiced his opinion on sanitation, emphasizing that cleanliness should begin at the household level, and people should cultivate the habit of keeping their homes and localities clean. He encouraged children to take up this noble cause as they are the future of the country. To inspire the public, he shared sanitation techniques and



highlighted the benefits of cleanliness. The NSS Unit of BFCET was commended for their efforts in cleaning the garden and temple, and he acknowledged that such initiatives foster a sense of social responsibility and contribute to the betterment of society. In conclusion, he motivated the students to strive for a better future and wished them success.

The event was a resounding success, with a significant improvement in the cleanliness and hygiene of the village. The villagers were appreciative of the efforts made by the NSS unit of BFCET, and they pledged to maintain cleanliness in their daily lives.

In conclusion, the one-day cleanliness drive in Village Bhokhra was a great success, with active participation from volunteers of the NSS unit. The event served as a reminder of the importance of cleanliness and hygiene and highlighted the positive impact that community-driven initiatives can have on society.



One Day Cleanliness Drive at Village Bhokhra: Volunteers cleans the surroundings



Name of Activity: **Village Survey under Unnat Bharat Abhyaan**

Organizing Unit: **Baba Farid College of Engineering & Technology**

Collaborating Agency: **Unnat Bharat Abhyaan**

Date of Execution: **December 27, 2021**

Location: **Village Daula**

Number of Students Participated: **38**

Students of Baba Farid College of Engineering & Technology has completed Village survey on 27th December 2021 under the Unnat Bharat Abhyaan (UBA) Scheme. Sdr. Manjit Kaur, the village sarpanch, who also exhorts communities to provide accurate figures inaugurated the programme. The institution had arranged a bus to take the students to the village of Daula Dist. Shri Mukatsar Sahib, where they dispersed in groups of two to three students. By going door to door in the community, the students filled out the questionnaires for the household surveys. Villagers discussed about the problems faced by them in the village during the survey. Total 38 students participated in this activity.

Individuals who participated in the home survey told us about the difficulties they were experiencing, but the majority of the villagers had similar challenges. The lack of water drain system, according to the villagers, causes their problems during raining season. The majority of the village's roads are damaged due to which sometimes accidents will be happened, and the second significant concern is Grain Market, as villagers have to travel about 25-30 KM for selling their grains. Additionally, students filled out information about number of rooms in house as well as basic facilities available in house, livestock (such as buffalo, cows.) etc.



Glimpses of Village Survey under Unnat Bharat Abhyaan



Name of the Activity: **Awareness Rally on Say No to Plastic**

Organizing Unit: **NCC Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Unnat Bharat Abhyaan**

Date of the Activity: **December 20, 2021**

Location: **Village Daula District Shri Mukatsar Sahib (Punjab)**

Number of Students Participated: **54**

UNNAT BHARAT ABHIYAN is to enable higher educational institutions to work with the people of rural India in identifying development challenges and evolving appropriate solutions for accelerating sustainable growth. NCC unit of Baba Farid College of Engineering & Technology, Bathinda conducted an environment awareness rally on 'Say No to Plastic' on December 20, 2021, in village Daula, District Sri Muktsar Sahib in collaboration with Unnat Barat Abhiyan. The Principal of BFCET, who also raised the flag, officially launched the program. The college students traveled by foot to the village of Daula. The major goal of this exercise is to make the villagers aware of the negative effects of plastic usage and to encourage them to quit using it. Students engage with families and make the villagers aware of the need to forbid the use of plastic and safeguard the environment from its damaging consequences. A total of 54 students participated in this rally with four Staff members: Er. Satvir Singh, Er. Manpreet Kaur, Er. Pushpinder Sharma and Mr. Jaswant Singh under the guidance of Dr. Jyoti Bansal, Principal of BFCET. During the rally, the volunteers distributed leaflets and brochures that contained information on the harmful effects of plastic on the environment, animals, and humans.

Holding banners carrying slogans dissuading the use of plastic in the campus & village, the students visited the campus & village. The students spoke earnestly to the vendors, shopkeepers, and owners of grocery stores, telling them about the harmful effects of plastic. The college plans to make such drives a regular activity for college students. All villagers appreciated the initiative taken by BFCET with the help of village Sarpanch, Ranjit Kaur who was also a part of the rally. Overall, the awareness rally was a great success, with a large number of people participating and spreading the message of saying no to plastic. The event helped to raise awareness about the negative impact of plastic on the environment and encouraged people to adopt more sustainable and eco-friendly alternatives. We hope that this rally will inspire more people to take action and work towards a plastic-free future.



Glimpses of Awareness Rally on Say No to Plastic



**BABA FARID COLLEGE
OF ENGINEERING & TECHNOLOGY**

Organized
ONE DAY SOCIAL ACTIVITY
on
ANTI-PLASTIC CAMPAIGN "SAY NO TO PLASTIC"
Under
UNNAT BHARAT ABHIYAN



**BABA FARID
GROUP OF INSTITUTIONS**
Bathinda, Punjab (India)

Social Media Post of Awareness Rally on Say No to Plastic



Name of Activity: **Eye Check-up Camp**

Organizing Unit: **NCC Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **IVY Hospital, Bathinda**

Date of Activity: **December 8, 2021**

Location: **Village Jangirana**

Number of Students Participated: **66**

Under Unnat Bharat Abhiyan NCC unit of Baba Farid College of Engineering & Technology organized an Eye checkups camp under Health Awareness Program scheme in collaboration with IVY Hospital, Bathinda at Jangirana Village on dated December 8, 2021 (Wednesday). During this visit, villagers were made aware of various eye problems faced by people due to excessive use of mobile phones along with an eye check-up camp. **S. Sharanjit Singh, Sarpanch** of the Jhangirana village was present in the camp along with panchayat members.

There were 66 students of BFCET present with the Gram Panchayat Members of Jhangirana Village and local authorities of the village for running the camp smoothly. Er. Balwant Singh (Coordinator of NCC Unit of BFCET.) and Er. Manpreet Kaur (AP, CSE) accompanied the students to smoothly organize the activity.

During the above program, Dr. Mohit and Simmi Sharma (Admin. Co-ordinator, NSG Staff), IVY Hospital Bathinda were involved, who test the eyes of villagers and also made them aware of problems faced by the people in the current scenario. The feedback of the villagers was taken and they were positive and energetic for the medical checkup camp. They requested to the institution for organizing such activities in the future also.



Er.Balwant Singh honoring to Doctor of IVY Hospital, Bathinda



Group Photo of Volunteers



Name of Activity: **Village cum Household Survey under Unnat Bharat Abhyaan**

Organizing Unit: **Baba Farid College of Engineering & Technology**

Collaborating Agency: **Unnat Bharat Abhyaan (UBA)**

Date of Execution: **December 7, 2021**

Location: **Village Buladewala**

Number of Students Participated: **38**

Students of Baba Farid College of Engineering & Technology has completed village cum household survey on 7th Dec 2021 under the Unnat Bharat Abhyaan (UBA) Scheme. The program was inaugurated by the Village sarpanch S. Manjit Singh who also motivate the villagers to provide the accurate data. The students reached the Village Buladewala by bus arranged by college and depart in groups of 2-3 Students in village. The students has filled the house hold survey forms by visiting door to door in the village. During the survey villagers told about the benefits taken by them which has been provided by the center government and state government, also shared about the problems faced by them in the village. Total 38 students participated in this activity.

During the survey individual told us about the problems faced by them, but most of the villagers has common issues. Villagers said, street lightning is not installed in the streets, due to which they have issues in nights, also have problem with dumping site, as wastage dumping is in center of the domestic area due to which they suffer from different diseases. Students also filled the detail about farming Land, Pets, details about NRI's, Persons on government job, income from farming, etc.





Glimpses of Village cum Household Survey under Unnat Bharat Abhyaan

Name of the Activity: **Awareness Rally on ‘Say No to Drugs ‘**

Organizing Unit: **NSS/NCC Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Unnat Bharat Abhyaan (UBA)**

Date of the Activity: **December 1, 2021**

Location: **Village Bhuladewala District Bathinda (Punjab)**

Number of Students Participated: **54**

On December 1, 2021, the NSS/NCC Unit of Baba Farid College of Engineering and Technology, Bathinda organized a rally to raise awareness against drug abuse as part of the Nasha Mukta Bharat Abhiyan program, collaboration with Unnat Bharat Abhiyan in Village Bhuladewala District Bathinda (Punjab). Total 54 students participated in this activity. The rally started with a speech by the Principal, BFCET of the city, who emphasized the importance of fighting against drug abuse and addiction.

The participants carried banners and placards with slogans such as "Say No to Drugs," "Drug-Free World," "Drugs Kill," etc. The participants also distributed leaflets and brochures on the dangers of drug abuse to bystanders and shopkeepers. The awareness rally was successful in creating awareness among the masses about the dangers of drug abuse. The participants actively engaged with the bystanders and distributed leaflets, brochures, and other information materials. The message of drug-free living was well-received by the public, and many expressed their support for the cause.

In the end, it's up to the individual to make that decision, but as responsible citizens who care about the future, this is the least we can do. The public responded enthusiastically to the campaign, and students helped spread the word about the negative effects of drug use and misuse.



A Glimpse of Awareness Rally on ‘Say No to Drugs’



Name of Activity: **Sanitation Awareness Seminar**

Organizing Unit: **NSS/NCC Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Navjug Club, Village Kot Bhai**

Date of Execution: **November 16, 2021**

Location: **Village Kot Bhai (Distt: Muktsar)**

Number of Students Participated: **37**

Sanitation is a critical aspect of public health that plays a crucial role in ensuring the availability of safe drinking water and adequate sewage disposal. It involves creating a clean environment that minimizes the transmission of disease, particularly through the fecal-oral route. To raise awareness about the importance of sanitation, the NSS/NCC unit of Baba Farid College of Engineering & Technology collaborated with Navjug Club and organized a Sanitation Awareness Seminar in Village Kot Bhai, District Muktsar, on November 16, 2021. The volunteers of the Electrical Engineering Department, under the guidance of Er. Sunil Nagpal (Dean Student Welfare) and Er. Harsimran Singh (HoD, Department of Electrical Engineering), was instrumental in making the event a success. By promoting the significance of sanitation, the seminar aimed to create a healthier and safer community in Kot Bhai. Total 37 students participated in this activity.

This one-day awareness seminar was initiated by Sarpanch, Gram Panchayat. He welcomed all the students, faculty members, and residents of the village who were present there. While addressing the audience he made students and people aware of the diseases that are spread by the poor sanitation in the surroundings. Relevant diseases and conditions caused by lack of sanitation and hygiene include waterborne diseases, which can contaminate drinking water, diseases transmitted by the fecal-oral route, and Infections with intestinal helminths (worms). Another technique he shared with the locals was Community-Led Total Sanitation (CLTS), an approach to achieve behavior change in mainly rural people by a process of "triggering", leading to spontaneous and long-term abandonment of open defecation practices. CLTS takes an approach to rural sanitation that works without hardware subsidies and that facilitates communities to recognize the problem of open defecation and take collective action to clean up and become "Open Defecation Free".

Er. Harsimran Singh shared his opinions and ideas with everyone by stating that, in many situations, the availability of sanitation facilities alone does not ensure the population's good health. He claimed that it was challenging to distinguish between promoting sanitation and boosting awareness of cleanliness. If a household has a toilet installed but fails to follow the appropriate hygiene practices, there will be less of a positive impact on the family's health. In the end, Sarpanch, Gram Panchayat appreciated the precious efforts of the NSS/NCC Unit of BFCET, Navjug Club, and the participants. He wished all the best to the students in their studies and future endeavors. There was a positive feeling among all the local people too who contributed to society. That was a worthwhile duty for the good of society, and in doing so, we can benefit not only our community but also our nation.



Sanitation Awareness Seminar at Village Kot Bhai: Speaker interacting with the audience during this Awareness Seminar



Name of Activity: **Greening Our Community: A Tree-Planting Initiative**

Organizing Unit: **NCC Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Gram Panchayat Village Sangudhoun Distt: (Shri Muktsar Sahib)**

Date of Activity: **November 15, 2021**

Location: **Village Sangudhoun Distt: (Shri Muktsar Sahib)**

Number of Students Participated: **18**

On November 15, 2021, volunteers of the NCC unit, Baba Farid College of Engineering & Technology under **Project Haryali Punjab** scheme organized the event 'Greening Our Community: A Tree-Planting Initiative' of Tree Plantation at the Village Sangudhoun Dist. Shri Muktsar Sahib in collaboration with Gram panchayat of the village. The volunteers were motivated by the Principal, BFCET before the activity. Principal, BFCET advised the volunteers to think differently for Society to make positive changes and to make improvements. Total 18 students participated in this activity.

The Tree Plantation Drive proved to be a great initiative in promoting the health and cleanliness of the environment, as well as raising awareness among the youth. With the full support of the college, 73 saplings were procured from a nearby Nursery and brought to the village for planting. The volunteers were divided into groups of 5 and instructed to plant at least two saplings in gardens, courtyards, or any other safe areas in the village. The activity was not only supported by the Sarpanch Gram Panchayat but also by other residents of the town who actively participated in the plantation ceremony and engaged in discussions with the students about environmental issues and crises.

During the vote of thanks, Mr. Gurlal Singh, a Social worker encouraged the students and residents to think outside the box and come up with innovative ways to make positive changes and improve the surrounding area. The students shared their experiences and pledged to plant more trees on special occasions such as birthdays and family ceremonies. The villagers also committed to visiting the plantation site regularly to take care of the trees. Overall, the Tree Plantation Drive was a resounding success and will serve as a reminder of the importance of environmental preservation for generations to come.



Volunteers plant the Tree during this Tree Plantation Drive



Tree Plantation at Village SanguDhoun: Mr. Gurlal Singh, a local social worker also joins hands with the volunteers during the plantation drive



Name of Activity: **Reforestation Our World: A Tree Plantation Drive**

Organizing Unit: **NCC Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Gram Panchayat Village Bhupal Dist. Mansa (Punjab)**

Date of Execution: **October 04, 2021**

Location: **Village Bhupal Dist. Mansa (Punjab)**

Number of Students Participated: **24**

Tree plantation refers to the process of planting trees in a specific area or region to increase the number of trees in that particular area. This process is undertaken with the aim of promoting environmental sustainability and mitigating the effects of climate change. In recent times, tree plantation has become a crucial aspect of environmental conservation, and many individuals and organizations are undertaking tree-planting initiatives to improve the environment.

On October 4, 2021, volunteers of the NCC unit of Baba Farid College of Engineering & Technology, Bathinda under Project Haryali Punjab scheme organized the event of Tree Plantation 'Reforestation Our World: A Tree Plantation Drive' at Govt Sen. Sec. School, Village Bhupal Dist. Mansa (Punjab) in collaboration with Gram Panchayat of village Bhupal. The volunteers were motivated by the Er. Balwant Singh (NCC unit of BFCET) before the activity and advised the volunteers to think for the society to make positive changes and to make improvements. He oriented the NCC volunteers by notifying the importance of NCC for them as well as for society. With generous support from the Institute, volunteers were given about 17 saplings from a nearby Nursery and brought them into the Govt Sen. Sec School of the village and started planting saplings. All the volunteers formed several groups and were advised to plant two saplings in the gardens, courtyards, and safe places wherever possible in the school. The activity began with the help of the Principal of Govt Sen. Sec School along with the Gram Panchayat representatives. Total 24 students participated in this activity. Following the tree planting activity, members of Gram Panchayat delivered a speech to the NCC volunteers, emphasizing the significance of their involvement in the NCC program for both themselves and society. He highlighted the importance of creating awareness about environmental issues such as deforestation, tree planting, underground water recharging, cleaning of water bodies, and micro-watershed management to everyone in attendance. Overall, the tree plantation activity in Govt. Sen. Sec. School, village Bhupal was a successful initiative that helped in promoting environmental awareness. It is important to continue organizing such initiatives to create a sustainable future and to encourage other people to be responsible towards their environment.



Volunteers plant trees at Govt. Sen. Sec. School, Bhupal in the presence of School Staff



Name of Activity: **Planting the Seeds of Change: A Tree-Planting Drive**

Organizing Unit: **NCC Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Green Club, Village Aklia**

Date of Execution: **September 06, 2021**

Location: **Village Aklia Dist. Mansa (Punjab)**

Number of Students Participated: **17**

Tree plantation is an essential practice that helps to improve the environment and maintain the ecological balance of our planet. The benefits of planting trees are numerous, including combating climate change, reducing air pollution, providing habitat for wildlife, and enhancing the aesthetic appeal of the surroundings. Tree plantation refers to the act of planting trees in an area that was previously barren or deforested. The process of tree plantation has been undertaken worldwide for decades, and its significance cannot be overemphasized. The planting of trees has numerous benefits, including environmental, economic, and social benefits.

On September 06, 2021, 17 volunteers of the NCC unit of Baba Farid College of Engineering & Technology, Bathinda under Project Haryali Punjab scheme completed the event of Tree Plantation at Village Aklia, District Mansa in collaboration with Green Club of Aklia Village. The Principal of BFCET motivated the NCC volunteers to think differently for society and make positive changes. Before the activity, she shared her past experiences with the volunteers. She emphasized the importance of NCC not only for personal growth but also for the betterment of society.

The Institute's benevolent contribution to the village did not go unnoticed as 67 saplings were bestowed upon the volunteers from a nearby Nursery. The eager volunteers, divided into 4 groups, were tasked to plant two saplings each in suitable locations such as gardens, courtyards, and other safe havens in the village. With the invaluable assistance of the Gram Panchayat Representatives and a handful of town locals, the tree plantation ceremony commenced in full force. The participants, including the students, actively engaged in conversations about the environment, bringing attention to the pressing issue of pollution. The saplings of Neem, Ashoka, and other trees were carefully planted, with hopes of their prosperous growth and contribution to the betterment of the environment. It was also decided by the villagers to visit the plantation site regularly to take care of trees. This plantation drive successfully advised the students and residents to think differently for society to make positive changes and to make improvements in the surrounding area.



Team members along with resident of Village Aklia during Tree-Planting Drive



Name of the Activity: **Awareness Rally on Corona Virus**

Organizing Unit: **NCC Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **20 PB BNN NCC Unit**

Date of the Activity: **September 27, 2021**

Location: **Village Deon, District Bathinda (Punjab)**

Number of Students Participated: **67**

The COVID-19 pandemic has caused significant impacts on the world's social, economic, and health systems. Since the beginning of the pandemic, governments worldwide have been implementing measures to prevent the spread of the virus. One such measure is awareness rallies, which educate the public about the virus and its preventive measures. This report presents an overview of an awareness rally organized on the coronavirus. The primary objective of the awareness rally was to educate the public about the coronavirus, its symptoms, and preventive measures. The rally aimed to encourage the public to take necessary precautions to prevent the spread of the virus. NCC Unit of Baba Farid College of Engineering and Technology Bathinda successfully organized an Awareness Rally on Corona Virus on 27th Sep 2021 at Deon Village Dist. Bathinda, under the scheme of "Fight against COVID-19" in Collaboration with 20 PB BNN NCC Units. Observances of this day aimed to raise awareness to fight against substance abuse as well as the health issue occurring in the world. The rally started with a speech by the Principal, BFCET, who emphasized the importance of taking preventive measures to control the spread of COVID-19. Total 67 students participated in this activity.

At the outset of the rally, Er. Balwant Singh, the Coordinator of the NCC Unit, underscored the crucial importance of enhancing our comprehension of the COVID-19 pandemic. He highlighted how such an understanding can enhance youth collaboration in mitigating its adverse effects on health and governance. During the rally, volunteers distributed pamphlets and information leaflets on the best practices to follow to stay safe during the pandemic. They also distributed masks to people who were not wearing them and encouraged them to follow the guidelines.

Overall, the rally was a great success, and it played a crucial role in spreading awareness about COVID-19 and the importance of following safety protocols. By coming together and working towards a common goal, we can fight this pandemic and keep our community safe.



Principal, BFCET raised the flag of Awareness Rally on Corona Virus



A glimpse of Awareness Rally against Corona Virus



Name of Activity: **Covid Vaccination Drive**

Organizing Unit: **NCC Unit of Baba Farid College of Engineering & Technology**

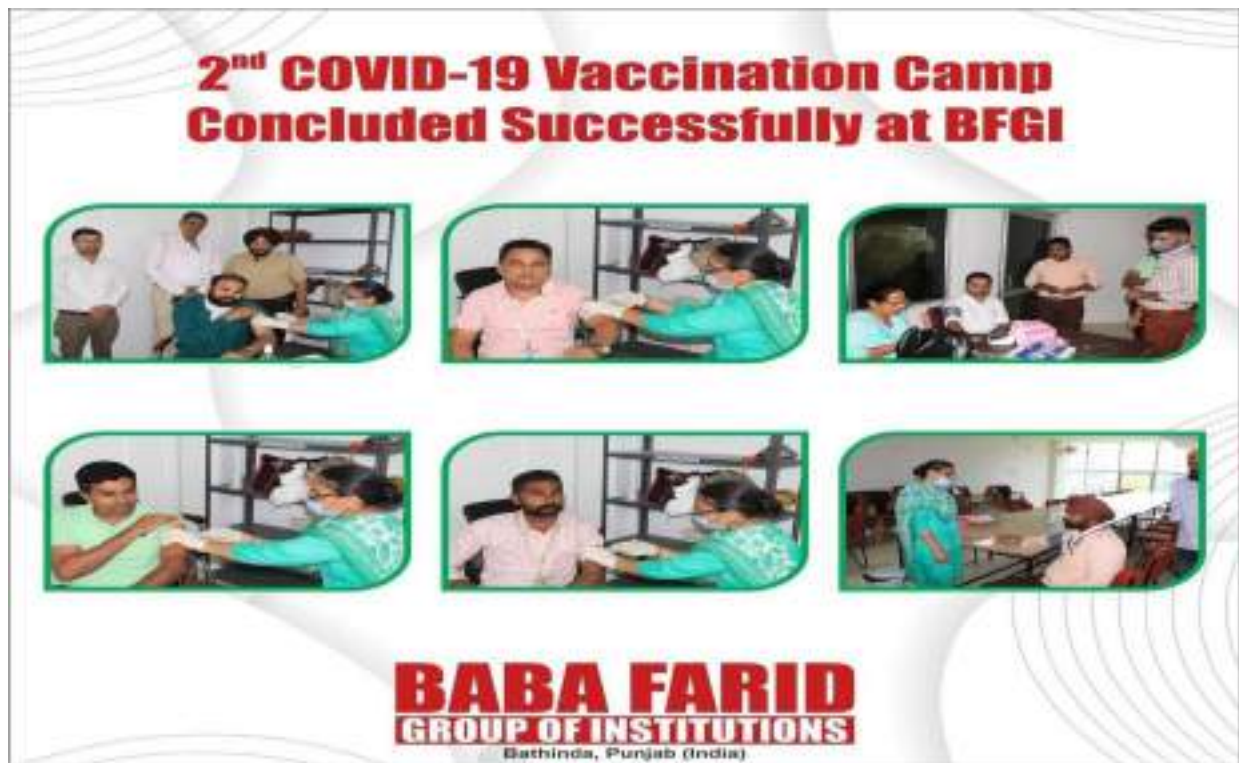
Collaborating Agency: **20 PB BNN NCC Unit**

Date of Execution: **August 19, 2021**

Number of Students Participated: **113**

The Covid-19 pandemic has affected millions of people worldwide, leading to significant social and economic disruptions. One of the most effective ways to prevent the spread of the virus is through vaccination. To increase the vaccination rate in the community, NSS/NCC unit of Baba Farid College of Engineering & Technology with the help of the Department of Health and Family Welfare, Govt. of Punjab organized a Covid vaccination drive on August 19, 2021 in BFGI Campus. Medical Team vaccinated 123 Teaching and Non-Teaching Faculty members along with 113 students with Covishield vaccine.

The Covid Vaccination Drive was a huge success, with over 236 faculty members along with students getting vaccinated. The drive helped in spreading awareness about the importance of getting vaccinated to prevent the spread of the virus. The attendees were highly satisfied with the event, and the drive helped in achieving a higher vaccination rate in the area. At the end of Vaccination drive Principal, BFCET gave special thanks to Bathinda Civil Surgeon and SMO Guiana & his Team for the smooth conduct of the Vaccination Drive.



Glimpse of Covid Vaccination Drive



Report of Extension and outreach program for 2020-21



Name of Activity: **Free Medical Checkup Camp**

Organizing Unit: **NSS Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Indian Red Cross Society, Bathinda**

Date of Activity: **March 9, 2021**

Location: **Mahant Gurbanta Das School for Deaf & Dumb, Bathinda**

Number of Students Participated: **79**

In India, school children are often unaware of their health problems. Therefore, they experience a lot of difficulties later on. It's very important that they take medical checkup on time when required so that they should get proper guidance before it's late.

In association with Indian Red Cross Society, Bathinda, and One Day Free Medical Check-up Camp at Mahant Gurbanta Das School for Deaf & Dumb, Bathinda was organized by NSS Unit of Baba Farid College of Engineering & Technology for this purpose. Around 79 school children took benefit of this camp and got their checkups reports. In this camp, team of specialized doctors from Child Specialist Chandigarh Hospital, Bathinda visited and gave advice to all the children as per their requirement. Total 79 students participated in this activity.

Dr. Shinu Singla Goyal (DM, Neurology) & her team provided the information regarding diet, exercise and weight control. Malwa Lab, Bathinda carried out on clinical specimens to obtain information about the health of children to aid in diagnosis, treatment, and prevention of very common diseases such as Diabetes, High or Low Blood pressure, HB test, eye-checkup, Skin related problems and many more. Free medicines have been provided to all by Parveen Medicos, Bathinda and advised to follow up with their local doctors or Public Health Centers. Darshan Kumar (Sectary, Indian Red Cross Society, Bathinda) appreciated the efforts done by the Baba Farid College of Engineering & Technology. He also distributed the Toothpaste, Toothbrushes, and Soaps & Biscuits to the children as well as admired the volunteers for their active participation. The camp was concluded at a positive note.

Baba Farid College of Engineering & Technology is really doing great with their commitment for society people. Through their commitment to bringing about positive changes in society, helping individuals of all ages prosper in their local environment, and being an advocate for those who have lost their voice, social workers play a prominent role in improving the lives of those who need it most.



Doctors doing Check during the Camp



Honoring to Doctor of Chandigarh Hospital, Bathinda in a Camp



Report of Extension and outreach program for 2019-20



Name of the Activity: **Awareness Seminar on Save Girl Child**

Organizing Unit: **NSS/NCC Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Gram Panchayat, Virk Khurd**

Date of Execution: **March 16, 2020**

Location: **Govt. Sen. Sec School, Virk Khurd**

Number of Students Participated: **29**

Baba Farid College of Engineering & Technology, Bathinda always plays an active role in involving and mentoring students in social welfare activities and the welfare of mankind. On March 16, 2020, NSS/NCC unit of institute, as part of the Women Child Prosperity Account scheme, organized a one-day awareness seminar on Save Girl Child at Govt Sen. School, Virk Khurd District Bathinda with collaboration of Gram Panchayat, Virk Khurd. Total 29 students participated in this activity.

The seminar aimed to create a heightened understanding of the imperative to eradicate all forms of gender-based discrimination and violence against women, whether in public or private settings. Additionally, it sought to advocate for policy changes that would empower women with equal access to economic resources and property ownership. With the assistance of the Gram Panchayat, volunteers were able to focus on various gender issues that persist in our society, both historically and currently. Through this seminar, they gained a comprehensive understanding of the role gender roles play in shaping our societal norms. The seminar also showcased inspiring stories of women who have made significant contributions to society despite facing discrimination and challenges. These stories served as a reminder of the immense potential and value of the girl child.

Towards the end of the seminar, the participants took a pledge to actively work towards ending the practice of female foeticide and promoting the rights and welfare of the girl child. The organizers also distributed informative materials to the participants to reinforce the key messages of the seminar.

The "Awareness Seminar on Save Girl Child" was a highly informative and thought-provoking event that succeeded in raising awareness about the urgent need to save the girl child and combat the practice of female foeticide. It served as a platform for experts, stakeholders, and members of the community to come together and work towards creating a society that values and empowers every child, regardless of their gender.



The students of the Government Senior Secondary School listening to the speaker in Seminar



Name of the Activity: **A Visit to the Old Age Home**

Organizing Unit: **NSS/NCC Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **NGO Care**

Date of the Activity: **March 11, 2020**

Location: **Bathinda**

Number of Students Participated: **46**

The entirety of life is a tapestry woven with various hues, encompassing the radiant vibrancy of youth, the ripened wisdom of maturity, and the mellowed comforts of old age. The latter, oft misunderstood and overlooked, still presents its own unique array of joys that are in no way inferior to those of youth. Nonetheless, it is the elderly who suffer the most in trying times. Dubbed as the "second childhood," old age is a phase of life where one craves the affection and attention of their loved ones more than ever before. NSS/NCC unit of BFCET organized a visit to Old Age Home, Bathinda under the scheme of Atal Vayo Abhyuday Yojana with collaboration of NGO Care on March 11, 2020. A total of 46 volunteers, visited, and spent time with the inmates.

During the visit students introduced themselves to the residents and struck up conversations with them. They were surprised to learn about the diverse backgrounds and experiences of the residents, who came from different parts of the country and had led interesting lives before coming to the home. The students also interacted with the staff and learned about the challenges they faced in providing care to the elderly. They were impressed by the dedication and commitment of the staff to make the residents feel comfortable and happy. The students then took part in various activities with the residents such as singing songs, playing games, and sharing stories. They were touched by the joy and enthusiasm of the residents, who were delighted to have the company of the young students. The students also distributed small gifts to the residents, such as books, flowers, and sweets, which were gratefully received. At the end of the visit Coordinator NSS/NCC, Er. Amandeep Singh presented a vote of thanks to the administrative authorities of the old age home and residents of the old age home for their love and affection which they showered on students. The visit to the Old Age Home was a deeply enriching and fulfilling experience for the students. They gained a deeper understanding of the challenges faced by the elderly and the importance of providing them with love and support. The students also learned the value of empathy and compassion towards the elderly, and pledged to continue their efforts to make a difference in the lives of the elderly in their community. The visit was an excellent example of how small acts of kindness and



compassion can make a big difference in the lives of others.



Students playing cards with Old Age Home Inmates



Students Cleans the Surrounding at Old Age Home,
Bathinda



Students with resident of Old Age Home: A memorable moment for all



Name of Activity: **Greening the Earth: A Tree Plantation for a Sustainable Future**

Organizing Unit: **NCC Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Gram Panchayat Village Peori, District Muktsar**

Date of Execution: **March 04, 2020**

Location: **Village Peori (Distt: Sri Muktsar Sahib)**

Number of Students Participated: **26**

Tree plantation is an essential activity for environmental conservation and sustainable development. It helps to maintain the ecological balance, prevent soil erosion, and combat climate change. A tree plantation drive is a campaign that involves planting a large number of trees in a particular area with the aim of promoting environmental conservation. This report aims to provide an overview of a tree plantation drive organized by a college and its impact on the environment. On March, 04, 2020 volunteers NCC unit of Baba Farid College of Engineering & Technology under the Live Green Campaign scheme successfully organized the event of tree plantation 'A Tree Plantation for a Sustainable Future' with collaboration of Gram Panchayat Village Peori, District Muktsar. Kicking off the campaign with a bang, Er. Balwant Singh, the NCC unit Coordinator, set the stage by introducing the theme of green living. With a well-planned strategy and a series of environmental awareness activities, the 'Live Green' campaign garnered a tremendous response, reaching a vast audience and providing significant benefits to its partners and the community at large. The success of the campaign can be attributed to the dedication and hard work of the team, who left no stone unturned in their quest to promote sustainable living practices. Member of Gram Panchayat appreciated the effort of NCC unit of Baba Farid College of Engineering & Technology. Total 26 students participated in this activity.

The tree plantation drive organized by NCC unit of BFCET was a significant step towards environmental conservation and sustainable development. The campaign not only had a positive impact on the environment but also on the community by creating awareness and a sense of responsibility towards environmental conservation. Such initiatives are crucial in promoting a sustainable future and should be encouraged and replicated by other organizations and individuals.



Student Ready to Move for Tree Plantation Activity at Peori Village



Volunteers planting the Saplings in village Peori during Tree plantation



Name of Activity: **Health Check UP Camp**

Organizing Unit: **NSS Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Adesh University, Bathinda**

Date of Activity: **February 28, 2020**

Number of Students Participated: **63**

In India, people are often unaware of their health problems. Therefore, they experience a lot of difficulties later on. It's very important that they take medical check up on time when required so that they should get proper guidance before it's late.

In association Adesh University, Bathinda, One Day Health Check up Camp at BFGI Campus was organized by NSS Unit of Baba Farid College of Engineering & Technology Bathinda for this purpose. 63 Students and 4 Faculty members took advantage of this camp and got their checkup reports. In this camp, a team of specialized doctors from Adesh University, Bathinda visited. After checkup, Doctors gave advice to all the attendees as per their requirements. They provided information regarding diet, exercise, and weight control. One of the doctors addressed the villagers that the right health checks taken in time boost the chances of a longer and healthier life. The doctors advised not to ignore minor health problems in their bodies so that they don't become major and they should have regular checkups for maintaining their health.

Baba Farid College of Engineering & Technology is really doing great with their commitment for the society people. Through their commitment to bring about positive changes in society, helping individuals of all ages prosper in their local environment and being an advocate for those who have lost their voice, social workers play a prominent role in improving the lives of those who need it most.



Doctors doing Check up during the Camp



Honouring to Doctor of Adesh University, Bathinda in a Camp



Organizing Unit: **NSS Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Gram Panchayat Village Peori District Shri Muktsar Sahib (Punjab)**

Date of the Activity: **February 13, 2020**

Location: **Village Peori District Shri Muktsar Sahib (Punjab)**

Number of Students Participated: **26**

Number of Residents Participated: **43**

On February 13, 2020, the NSS unit of BFCET hosted an awareness seminar on social issues at Village Peori in the Shri Muktsar Sahib district with collaboration of Gram Panchayat of Village. The event aimed to educate the community about various social problems and motivate them to become agents of change in their society. Baba Farid College of Engineering & Technology recognizes the importance of such events in providing students with opportunities beyond academic learning to showcase their leadership, social responsibility, and philanthropic initiatives. The event was graced by Er. Amandeep Singh, the Coordinator of the NSS Unit, and Er. Ramneek Singh, an Assistant Professor from the Department of Computer Science & Engineering, who both delivered compelling speeches. A total of 26 volunteers along with 43 other persons from the community participated in this activity. The seminar commenced with a cordial welcome extended to all attendees, setting the tone for the rest of the event. In his address, Er. Amandeep Singh drew attention to the numerous social issues that plague India, including the caste system, child labor, illiteracy, gender inequality, superstitions, and religious conflicts, among others. He emphasized that it's high time to alleviate these undesirable social evils, and the youth must take the lead in initiating efforts to eradicate them. Modern social workers have leveraged various media channels such as movies, serials, magazines, and their teachings to address these social ills.

Following Er. Amandeep Singh's address, Er. Ramneek Singh took to the stage to speak about the prevalence of social evils such as child labor, immorality, and other related issues. He shared real-life examples, citing recent news articles, to inspire the students in attendance to take action and strive towards positive change. Throughout his speech, he recounted several personal experiences and expressed gratitude towards the audience for their attentiveness and active participation. The seminar concluded on a successful note, leaving attendees feeling inspired and motivated to make a positive impact on society.



Local Community attending the Exploring Contemporary Challenges: A Seminar on Social Issues



Name of the Activity: **One Day Cleanliness & Awareness Camp**

Organizing Unit: **NSS Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Gram Panchayat Village Ramnagar (Dist. Bathinda)**

Date of Activity: **October 2, 2019**

Location: **Ramnagar (Dist. Bathinda)**

Number of Students Participated: **57**

Baba Farid College of Engineering & Technology, Bathinda organized a one-day NSS Cleanliness cum Social Awareness Camp on October 02, 2019, at Govt. Sen. Sec. School, Ramnagar (Distt: Bathinda) under Rashtriya Swachhta Diwas scheme with collaboration of Gram Pancayat of village Ramnagar to celebrate the Gandhi Jayanti. A total of 57 students from Baba Farid College of Engineering and Technology participated in this event. As declared by our Prime Minister, Narendra Modi, every year Gandhi Jayanti is to be celebrated as Rashtriya Swachhta Diwas to fulfill the dream of a Clean India as envisaged by Mahatma Gandhi Ji. The activity's coordinator, Er. Navjot Singh (Coordinator, NSS/NCC Unit), assigned places of work and outlined cleaning responsibilities to everyone. Also, a group of nine volunteers performed a Nukkad Natak to raise awareness of the need for the Swachh Bharat Abhiyan by encouraging people to keep their surroundings clean and not discard trash along the sides of the road. After the successful execution of the activity, Er. Navjot Singh said that our students have taken this initiative to lighten up all about cleanliness and its significant aspects in our life. Thereafter, Mr B. D. Sharma, Co-ordinator, Career Guidance and Counseling Cell, Baba Farid Group of Institutions stressed the need to plant more and more trees to save our environment. He also emphasized working with a missionary spirit to save the environment and save our lives. Cleaning surroundings is not only a task of a clean society but it understands and building thinking for the betterment of all. It is a contribution towards solving our society's problems most effectively. Illustratively, this camp was a great motivation as it was concerned with India as a Clean and Green India. Also, it was to improve the quality of life in rural areas. It was a great part of the camp that it increased the thinking strategy of social animals as without social awareness we would just become misfits of a society. There is a far greater importance of having social awareness than just getting along with society. All were curious to be part of this great drive that could have transformed the face of our country forever.



Glimpses of One Day Cleanliness & Awareness Camp



Name of Activity: **Hope for Health: One Day Medical Outreach Program**

Organizing Unit: **NSS Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **MAX Super Specialty Hospital Bathinda**

Date of Execution: **August 30, 2019**

Location: **Village Virk Khurd District Bathinda (Punjab)**

Number of Students Participated: **17**

Number of Local Residents Participated: **69**

Hope for Health: One Day Medical Outreach Program at Village Virk Khurd District Bathinda was organized by NSS Unit of the Baba Farid College of Engineering & Technology in collaboration with MAX Super Specialty Hospital Bathinda on August 30, 2019. 69 people took advantage of this camp and got their checkups. In this camp, a team of specialized doctors from a MAX Super-Specialty Hospital, Bathinda visited and gave advice to all the attendees as per their requirement. This hospital is also associated with the institute as its Medical Partner. They provided information regarding diet, exercise and weight control. Total 17 students participated in this activity.

Free medicines have been provided to subjects who were diagnosed with HTN and or DM and advised them to follow up with their local doctors or Public Health Centres. Follow up has been done with those subjects who have been diagnosed with HTN or DM on a regular basis by trained physicians with help of the volunteers for compliance with their medications and ascertain that their blood pressure and/or blood sugar are controlled.

During program doctors of Max Super Specialty hospital addressed the residents to tell them the importance of regular medical checkup. He said that the right health checks taken in time helps you boost the chances of a longer and healthier life. Your health, age, lifestyle choices, and family history, along with other crucial factors can influence the type and frequency of medical checkup. He further said prevention is better than cure. It is highly valuable advice and when applied to deal with our daily health life issues, can help us in preventing many mishaps from occurring. They further said that Human body is one of the most precious gifts that God has given to us. It is extremely sophisticated. It needs very good attention to stay healthy and fit. People talk very easily about health and fitness, the task of keeping it really fit and healthy is a very difficult task. If we consider the present-day situation, the task becomes even more difficult.

Regular health exams and tests can help find problems before they start. They also can help find problems early, when your chances for treatment and cure are better. All the volunteers of the NSS unit promised to organize the camp in future too. They also said that



the works for the betterment of the society are their priority and they will do them with dedication. The camp concluded at the positive note. All the attendees were content and happy. They understood that it was an important camp and such camps should be organized time by time.



Doctors doing Check up during Hope for Health: One Day Medical Outreach Program



Name of Activity: **Caring for the Community: One-Day Medical Camp**

Organizing Unit: **NSS Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **MAX Super Specialty Hospital Bathinda**

Date of Execution: **August 16, 2019**

Location: **Village Jangirana District Bathinda (Punjab)**

Number of Students Participated: **17**

The NSS unit of Baba Farid College of Engineering & Technology organized a Caring for the Community: One-Day Medical Camp at Village Jangirana District Bathinda with collaboration of MAX Super-Specialty Hospital, Bathinda on August 16, 2019. Around 53 people took advantage of this camp and got their medical checkup. In this camp, a team of specialized doctors from MAX Super-Specialty Hospital, Bathinda visited and advised all the attendees as per their requirements. This hospital is also associated with BFCET as its Medical Partner. They provided information regarding diet, exercise and weight control. Free medicines have been provided who were diagnosed with HTN or DM and was advised to visit their local doctors or Public Health Centers. Follow-up with the help of the volunteers for HTN or DM diagnosis patients was done to know their current blood pressure and/or blood sugar. Total 17 students participated in this activity.

Baba Farid College of Engineering & Technology has truly outdone themselves with their unwavering commitment to society. By championing positive change, empowering individuals of all ages within their local communities, and advocating for the voiceless, social workers have become indispensable agents of progress. The volunteers of the department have made a solemn promise to continue organizing such camps in the future, with an unflinching focus on improving the lives of those most in need. The camp ended on a resoundingly positive note, with attendees expressing immense satisfaction and appreciation. It was an important event, and one that should serve as a template for future initiatives.



Resident of Village Jangirana took benefit by getting Advice from the Doctors along with the Medical Kits



Name of the Activity: **Seminar on Social Issues**

Organizing Unit: **NSS Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Local Municipal Corporation**

Date of Activity: **August 8, 2019**

Location: **Village Aklia (Distt: Mansa)**

Number of Students Participated: **27**

An Awareness Seminar on social evils was organized by the NSS Unit of Baba Farid College of Engineering and Technology Bathinda on August 8, 2019, at Village Aklia (Distt: Mansa) under the scheme of “Social Awareness Program” in collaboration with “Local Municipal Corporation” to make the community aware about all the social evils prevailing in the society and also, they were motivated to be mentors for the society to remove these evils. The speakers were Er. Navjot Singh (Coordinator, NSS/NCC Unit), Er. Charandeep Singh Bedi (Assistant Professor, Department of Computer Science & Engineering), Er. Hardeep Singh (HoD, Department of Computer Science & Engineering). A total of 27 volunteers along with 47 other persons from the community participated in this activity.

The seminar started with an opening speech by Er. Navjot Singh, who highlighted the importance of addressing social issues and finding ways to resolve them. Er Charandeep Singh Bedi addressed the audience and provided an overview of the current state of social issues in our society. Er Hardeep Singh talked about the different causes of poverty and the effects it has on people's lives. At the end of the seminar, a vote of thanks was given by Mr. Ashok, Municipal Councilor to all the students and other attendees. He expressed his gratitude for their attentive attention and supportive participation throughout the course. He also shared his valuable thoughts and shared many experiences of his life. He also made them aware that only youth can bring a positive change in society. The seminar concluded on a positive note.



Local Community getting of all the social evils prevailing in the society at Akalia



Name of Activity: **Tree Plantation Drive**

Organizing Unit: **NSS Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Gram Panchayat Village Ubha (Distt: Mansa)**

Date of Execution: **July 05, 2019**

Location: **Village Ubha (Distt: Mansa)**

Number of Students Participated: **27**

On July 05, 2019, volunteers of NSS unit of Baba Farid College of Engineering & Technology successfully completed the event of Tree Plantation at Village Ubha in collaboration with “Gram Panchayat of Ubha Village” under the scheme of “Van Mahotsav”.

Coordinator NSS/NCC unit Er Navjot Singh shared with the participants that Plantations of trees are important as they improve life and fulfill the essential needs of mankind. During photosynthesis, the trees make food materials for himself by consuming carbon dioxide. Resultantly with the help of sunlight, the trees produce carbohydrates. Moreover, trees support life by providing habitat to different species such as squirrels, bees and birds. Before planting, the Er Navjot Singh give a brief demonstration on the proper techniques of planting a tree, including digging the right-sized hole, putting fertilizer, and properly watering the sapling. The students then worked together to plant the trees in the designated areas. Total 27 students participated in this activity.

The “Van Mahotsav” is celebrated every year in India to inculcate among the general public the need for planting more and more trees and preserving them for a better and green environment. Students also discussed their own stories and unanimously decided to plant more and more trees in the coming days on important occasions like their birthdays and other family celebrations. In order for Society to change for the better and benefit the neighborhood, this planting effort effectively urged the students and locals to think differently. Tree plantation drives are a crucial step towards building a sustainable environment. It is essential to educate the younger generation about the importance of afforestation, and the school's initiative was a great way to raise awareness about this critical issue. We hope that the trees planted during the drive will thrive and make a positive impact on the environment.



Volunteers plants Tree at Govt. Sen. Sec. School, Ubha in the presence of School Staff



Volunteers during the Plantation Drive



Report of Extension and outreach program for 2018-19



Name of the Activity: **Awareness on Public Concerns**

Organizing Unit: **NSS Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Local Municipal Corporation**

Date of Activity: **January 21, 2019**

Location: **Village Kararwala (Distt: Bathinda)**

Number of Students Participated: **27**

An awareness on public concerns was organized by the NSS Unit of Baba Farid College of Engineering and Technology Bathinda on January 21, 2019, at Village Kararwala under the scheme of “Social Awareness Program” in collaboration with “Local Municipal Corporation” to make the community aware about all the social evils prevailing in the society and also, they were motivated to be mentors for the society to remove these evils. The speakers were Er. Navjot Singh (Coordinator, NSS/NCC Unit), Er. Suman Rani (Assistant Professor, Department of Electrical Engineering). A total of 27 students participated in this activity.

The seminar started with an opening speech by Er. Navjot Singh, who highlighted the importance of addressing social issues and finding ways to resolve them. Er Suman Rani addressed the audience and provided an overview of the current state of social issues in our society. Er Hardeep Singh talked about the different causes of poverty and the effects it has on people's lives. At the end of the seminar, a vote of thanks was given by Village Sarpanch, to all attendees. He expressed his gratitude for their attentive attention and supportive participation throughout the course. He also shared his valuable thoughts and shared many experiences of his life. He also made them aware that only youth can bring a positive change in society. The seminar concluded on a positive note.



Glimpses of Awareness on Public Concerns



Name of Activity: **Blood Donation Camp**

Organizing Unit: **NSS Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Red Cross Society and Government Hospital of Daula Village**

Date of Execution: **February 15, 2019**

Location: **Village Daula (Distt: Bathinda)**

Number of Students Participated: **29**

A Blood donation camp was organized by the NSS unit of Baba Farid College of Engineering & Technology on February 15, 2019, at Village Daula, District Bathinda in collaboration with the Red Cross Society and Government Hospital of Daula Village under the scheme of Voluntary Blood Donation Program. Total 29 students participated in this activity.

The objective of this camp was to cater to the demand for blood. Everyone wants to contribute to society and save lives. Blood transfusion has been responsible for saving millions of lives each year around the world. Yet the quantity and quality of blood pool available for transfusion is still a major concern across the globe, especially in developing countries like India. The process of blood donation began with the registration of donors. Donors were required to fill a form containing personal details such as name, age, blood group, and medical history. The donor's blood pressure, hemoglobin level, and temperature were also checked before donating blood. Once the donor was deemed fit to donate, the blood was collected by a trained phlebotomist in a sterile bag. After the donation, the donor was given refreshments and advised to rest for a few minutes.

The doctors and the other council members thanked all the donors for donating blood to a noble cause. They also paid their sincere thanks to the NSS unit of BFCET for their cooperation in making this camp a resounding success and motivating the community for blood donation as it is an important for saving human life. Everyone left the camp with a smile on their face. Everyone had a general sense of pleasure and happiness. The blood donation camp was a success, The camp was able to collect 57 units of blood, which will be used to save lives in hospitals and blood banks. The camp also created awareness about the importance of blood donation, and many donors pledged to become regular donors.



Glimpses of Blood Donation Camp at Village Daula



Name of Activity: **Donate Blood, Give Hope**

Organizing Unit: **NSS/NCC Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Indian Red Cross Society**

Date of Execution: **November 26, 2018**

Location: **Bhadaur**

Number of Students Participated: **21**

Baba Farid College of Engineering & Technology has been religiously organizing blood donation camps. Every year students and faculty members come forward keenly to donate blood. Keeping this need in mind, a Blood donation camp ‘Donate Blood, Give Hope’ in collaboration with the “Indian Red Cross Society” was organized by the NSS/NCC unit of Baba Farid College of Engineering & Technology on November 26, 2018 at Village Bhadaur under the “Voluntary Blood Donation Program”. Total 21 students participated in this activity.

The camp was able to collect 53 units of blood including 21 students and 3 faculty members. The donor's blood pressure, hemoglobin level, and temperature were also checked before donating blood. Once the donor was deemed fit to donate, the blood was collected by a trained phlebotomist in a sterile bag. After the donation, the donor was given refreshments and advised to rest for a few minutes. The objective of this camp was to cater to the demand of blood. Everyone wants to contribute to society and save lives. Blood transfusion has been responsible for saving millions of lives each year around the world. All the donors donated blood with beaming faces and proud hearts because they knew that one drop of blood can save a precious life. Fruits were served after donating blood to re-energize them.

Mr. Ashok Kumar (Councillor), Municipal Council, Bhadaur Distt: Barnala thanked all the donors for donating blood to a noble cause as well as also paid their sincere thanks to the NSS/NCC unit of BFCET for their cooperation in making this camp a resounding success and motivating the community for blood donation as it is an important procedure in saving human life.



ASHOK KUMAR (COUNCILLOR)
MUNCIPAL COUNCIL, BHADAUR DIST: BARNALA (PUNJAB)

Date: - 27th November, 2018

CERTIFICATION OF APPRECIATION

This certificate of appreciation is presented to Baba Farid College of Engineering & Technology, Muktsar road Bathinda for organizing the Blood Donation Camp on 26th November, 2018

I thank you on behalf of community for this Noble cause.


Signature _____

Recognition Letter received from Mr. Ashok Kumar (Councillor), Muncipal Council, Bhadaur



Name of the Activity: **Cloth Distribution in the Slum Areas**

Organizing Unit: **NSS Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **NGO Raksha under Community Welfare**

Date of the Activity: **October 10, 2018**

Location: **Slum Areas, Bathinda**

Number of Students Participated: **43**

The NSS volunteers of Baba Farid College of Engineering & Technology, Bathinda had taken an initiative to collect money & goods as charity for needful children of Slum Dwellers Bathinda on October, 10, 2018 in collaboration with NGO Raksha under Community Welfare. The Swap Shop i.e collection booth was set up by NSS Unit Volunteers, for the same in the BFGI Campus. The concept 'Swap-Shop' based on the principle of 'Reuse' in waste management, aims at providing a public system for exchanging reusable goods like clothes, shoes, toys, etc. that could be useful for others. Total 43 students participated in this activity.

The volunteers have set up a collection booth and spread the information among the students, faculty & other workers to donate clean and reusable items free of cost. The volunteers interacted with the students timely and motivated them to contribute in all possible ways. Mr. Sukhdeep Singh, an active NSS volunteer managed to address the gathering during the Lunch Break at the Swap Shop and motivated everyone not to throw away their old clothes, just because they become a little bit outdated for them or fashion has been changed

As a result, a huge number of students and faculty members donated old clothes, toys, shoes, blankets, money, fruits, etc. as per their desire. Er. Navjot Singh (Coordinator, NSS/NCC) paid his sincere thanks to all who contributed during this charity event. He also appreciated all the volunteers to put up this kind of effort. The clothes, fruits, and toys were distributed among children & needy, Bathinda and Slum Dwells across the highway and Barnala bypass at Bathinda. Our volunteers went from place to place and distributed items to needy people and bringing smiles to their faces. This little help made their Diwali celebration more colorful and happening. Such swap shops broke the myth of using second-hand items and that there would be no takers for such items. Also, it taught the lesson of how such items are in high demand and therefore how these articles were prevented from polluting the environment. This initiative also became a movement in Bathinda District with many more such swap shops being organized from time to time. Many faculty



members from various departments like Computer Science & Engineering, Civil Engineering, Information Technology, Mechanical Engineering, etc. joined hands together for being part of an important event as always.



Distribution of Clothes to the Slum Dwells



Cloth Distribution in the Slum Areas: Children Getting the Clothes



Name of Activity: **Anti-Drug Awareness and Illicit Trafficking Seminar**

Organizing Unit: **NSS Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Gram Panchayat (Village Bhupal)**

Date of Execution: **September 11, 2018**

Location: **Village Bhupal (Distt: Mansa)**

Number of Students Participated: **27**

In India, there is a need for time to strengthen global action and cooperation to achieve the goal of an international society free of Drugs. This one-day awareness seminar aimed to raise awareness to fight against substance abuse as well as the unlawful trade of drugs. It was an initiative taken by the NSS unit of Baba Farid College of Engineering & Technology to increase support for the prevention of drug use that is based on science.

On September 11, 2018, in Village Bhupal (Distt: Mansa), NSS volunteers organized an extension of their outreach program called the "Anti-Drug Awareness and Illicit Trafficking Seminar" in collaboration with Gram Panchayat (Village Bhupal). This was done as part of the "Nasha Mukh Bharat Abhiyan" initiative to educate the young generation about the negative effects that drug use has on both society and individuals. The speaker of this seminar was Er. Navjot Singh (Coordinator, NSS/NCC Unit), Er. Hardeep Singh (Head, CSE) and Members of Gram Panchayat of Village Bhupal. Total 27 students participated in this activity.

The first session focused on the impact of drug abuse and illicit trafficking on individuals, families, and communities. The session highlighted the physical, emotional, and social consequences of drug abuse and how it can lead to addiction, crime, and other negative outcomes. The second session focused on the strategies and initiatives to combat drug abuse and illicit trafficking. The session emphasized the importance of community involvement, education, and prevention programs in addressing the issue. The session also discussed the role of law enforcement agencies and the need for effective drug control policies and regulations. The third session focused on the role of technology in combating drug abuse and illicit trafficking. The session highlighted the use of technology in detecting and preventing drug trafficking, such as advanced surveillance systems, analytical tools, and forensic science techniques.

The Anti-Drug Awareness and Illicit Trafficking Seminar was a timely and relevant event that highlighted the urgency of addressing the issue of drug abuse and illicit trafficking. The seminar provided valuable insights and recommendations on how to combat the issue and



promote a safer and healthier community.



Resident of Village Bhupal during Anti-Drug Awareness and Illicit Trafficking Seminar



Name of Activity: **Growing a Greener World: A Tree Planting Campaign**

Organizing Unit: **NSS Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Gram Panchayat of Village Makha**

Date of Execution: **August 25, 2018**

Location: **Village Makha (Distt: Mansa)**

Number of Students Participated: **17**

The planting of trees is one of the few workable remedies to solve the problem of global warming, which is affecting the entire world. Trees, which are the only source of oxygen in the atmosphere, also aid in reducing Carbon dioxide gas levels. At Village Makha, Distt: Mansa, under "Project Hariyali Punjab," 17 student volunteers from Baba Farid College of Engineering & Technology's NSS unit participated in a tree plantation drive on August 25, 2018, in collaboration with Gram Panchayat of Village Makha.

The volunteers were motivated by the Principal, BFCET before the activity he suggested they think differently to make positive changes and to make improvements in society. He said that tree plantations connect students to the benefits of trees and foster environmental stewardship. Tree planting is a great way to increase student interest in their local environment and achieve academic goals. Er Navjot Singh, Coordinator NSS/NCC shared that tree planting activity is a learning opportunity to get students involved in the environment and conservation of our natural resources. He added that scientific studies suggest students are better able to concentrate, complete tasks, and follow directions after playing in natural settings.

Trees were planted around the village and in the civil hospital Makha. The plantation drive was completed successfully and all participants get motivated after the activity.



Volunteers planting the Trees in the village Makha



Name of Activity: **A Community Cleanliness Camp for a Better Environment: A Cleanliness Camp**

Organizing Unit: **NCC Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Gram Panchayat Village Thehri Sahib**

Date of the Activity: **August 22, 2018**

Location: **Gurudwara Thehri Sahib, Malout**

Number of Students Participated: **58**

On August 22, 2018, the NCC Unit of Baba Farid College of Engineering & Technology organized a Cleanliness Camp 'A Community Cleanliness Camp for a Better Environment: A Cleanliness Camp' as part of Swachh Bharat Abhiyan in the village Malout with the collaboration of Gram Panchayat of Village Thehri Sahib, 58 students volunteers of NCC unit participated under the direction of Er. Navjot Singh to make the exercise a huge success. During this visit, all the volunteers paid their obeisance and received blessings from GOD. Then they interacted with the Head Granthi of the Gurudwara Sahib & discussed the purpose behind the visit i.e. cleanliness of the premises and spreading awareness about the Swachh Bharat Abhiyan and other Swachhta Initiatives started by the Government Bodies at school/college levels for rural development. They were highly appreciated by all present over there for their initiative. After that, they started with the cleanliness of the surroundings such as the Gurudwara Sarovar Sahib, Dome, Bedding House, etc. Massive cleaning all around the Gurudwara Sahib Complex was done including landscaping and gardening. All the volunteers were quite happy doing this kind of worship. Meanwhile, the locals from that village started gathering in the Gurudwara's Committee Hall and around 30 men & women reached there within a short period. Further, awareness was also created on types of waste

i.e. bio-degradable and non-biodegradable waste, harmful effects of smoking and chewing tobacco, use of dustbins, cough etiquette, etc. Er. Amandeep Singh addressed the gathering and said "Sanitation is more important than Independence." Proper sanitation and hygiene are essential inputs not only for healthy and disease-free living but also for a dignified life as a human being. He requested the local villagers to come forward and participate in this movement by simply cleaning up the streets, roads, homes, and infrastructure in towns and rural areas of India and to make the same message reach wider. He paid his sincere thanks to the management committee of Gurudwara Sahib and Gram Panchayat (Village Malout) for allowing them to interact with the people and all who listened to the volunteers with such a keen interest & patience during this



awareness talk. Moreover, our volunteers were enthusiastic to do more similar activities as it allowed them to connect to their community and made it a better place.



Cleanliness Camp at Gurudwara Thehri Sahib, Malout: Volunteers during the cleanliness of Gurudwara Sarovar Sahib



Cleanliness Camp at Gurudwara Thehri Sahib, Malout: Volunteers who participated in this Cleanliness Drive



Name of Activity: **Donate Blood, Save Lives**

Organizing Unit: **NCC Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Red Cross Society**

Date of Execution: **August 08, 2018**

Location: **Village Joga (Distt: Mansa)**

Number of Students Participated: **11**

Baba Farid College of Engineering & Technology has been religiously organizing blood donation camps. Every year students and faculty members come forward keenly to donate blood. Keeping this need in mind, a Blood donation camp ‘Donate Blood, Save Lives’ in collaboration with the “Red Cross Society” was organized by the NCC unit of Baba Farid College of Engineering & Technology on August 08, 2018, at Village Joga, District Mansa under the “Voluntary Blood Donation Program”. The camp was able to collect 57 units of blood including 11 students and 3 faculty members. The donor's blood pressure, hemoglobin level, and temperature were also checked before donating blood. Once the donor was deemed fit to donate, the blood was collected by a trained phlebotomist in a sterile bag. After the donation, the donor was given refreshments and advised to rest for a few minutes. The objective of this camp was to cater to the demand for blood. Everyone wants to contribute to society and save lives. Blood transfusion has been responsible for saving millions of lives each year around the world. All the donors donated blood with beaming faces and proud hearts because they knew that one drop of blood can save a precious life. Fruits were served after donating blood to re-energize them. The doctors and the other council members thanked all the donors for donating blood to a noble cause. They also paid their sincere thanks to the NCC unit of BFCET for their cooperation in making this camp a resounding success and motivating the community for blood donation as it is an important procedure in saving human life.



Glimpses of Blood Donation Camp



Name of Activity: **Cleanliness is Next to Godliness: Swachh Bharat Campaign**

Organizing Unit: **NCC Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Gram Panchayat Village Deon (Distt: Bathinda)**

Date of Activity: **July 13, 2018**

Location: **Dera Baba Sidh Tilkana, Village Deon (Distt: Bathinda)**

Number of Students Participated: **53**

On July 13, 2018, under the auspices of the Swachh Bharat Abhiyan, NCC volunteers from Baba Farid College of Engineering and Technology, Bathinda organized the cleanliness activity 'Cleanliness is Next to Godliness: Swachh Bharat Campaign' at Dera Baba Sidh Tilkara in Village Deon, Dist. Bathinda with the collaboration of Gram Panchayat of Village Deon. Er. Navjot Singh (Coordinator, NCC Unit) served as a guide of volunteers during the activity. 53 student volunteers participated in the cleanliness activity.

During the activity, all the students paid their obeisance and started the cleanliness of the surroundings such as the Gurudwara Sarovar Sahib, Dome, Bedding House, etc. Massive cleaning all-round the Gurudwara Sahib Complex was done including landscaping and gardening. They spent almost 3 hours getting their task done. The boys managed to clean the rooftop of the Community Hall, Wall Paintings, Water Tanks, etc. within the premises of the Dera. Girls washed and cleaned the utensils in the kitchen area, and cooked the meal also. Meanwhile, our students also motivated the residents to follow the various health and safety measures daily while working in the kitchen, etc. In the end, they served the Guru Ka Langar by comprising a team along with the other devotees who gathered over there. They received the blessings of God as well. Students were enthusiastic to do more similar activities.



Volunteers during the Cleanliness Drive at Dera Baba SidhTilkara, Deon



Volunteers serving the Guru Ka Langar in the Langar Hall of Dera Baba Sidh
Tilkara, Deon



Name of Activity: **Swachh Bharat Abhiyan: School Sanitation Program**

Organizing Unit: **NCC Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Govt Sen. Sec. School, Village Deon (Distt: Bathinda)**

Date of Execution: **July 06, 2018**

Location: **Village Deon (Distt: Bathinda)**

Number of Students Participated: **65**

Under Swachh Bharat Summer Internship, students from various colleges & universities have to adopt a nearby village of their own choice and spread awareness about proper sanitation, village-level development, changing people's attitudes, mindsets, and behaviors towards Swachh Bharat Abhiyan, Health & Hygiene. 65 NCC student volunteers from Baba Farid College of Engineering and Technology in Bathinda have enrolled in the Swachh Bharat Summer Internship Program to further the goals of the Swachh Bharat Abhiyan. They hope to hasten the process of increasing sanitation coverage, enhancing cleanliness, and raising awareness of swachhta in the neighborhood. They also took a pledge to contribute to this mission by putting in their best efforts and positively adopting the technology. The goal of the Swachh Bharat Summer Internship - 100 Hours of Swachhata is to inspire young people throughout the nation and help them gain the knowledge and attitudes necessary to turn the Swachh Bharat Mission into a Jan Andolan.

Under Swachh Bharat Summer Internship Program, the NCC unit of Baba Farid College of Engineering & Technology organized a School Sanitation Program on dated July 06, 2018, in collaboration with Govt Sen. Sec. School, Deon. Er. Navjot Singh (Coordinator, NCC Unit) and Er. Amandeep Singh (Dean of Student Welfare) motivate the volunteers by explaining the program aims to improve the sanitation facilities in schools across the country. The program focuses on cleaning the handwashing stations and providing access to safe drinking water in schools. During the program, students play Nukad Natak to awareness about Sanitation. The main objective of the School Sanitation Program is to improve the overall cleanliness and hygiene of schools across the country by ensuring that they have access to clean and well-maintained toilets. The program aims to promote healthy sanitation practices among students, which will help to prevent the spread of diseases and infections.

In conclusion, the School Sanitation Program under the Swachh Bharat Abhiyan campaign has been successful in improving the overall cleanliness and hygiene of schools across the country. However, there is still a long way to go in terms of promoting healthy sanitation practices among students and ensuring that all schools have access to clean and well-maintained toilets.



The government and other stakeholders must continue to work together to address these challenges and to ensure that the School Sanitation Program is implemented effectively.



NCC Volunteers playing a Nukkad Natak to focus on the need of maintaining Swachhta at Govt. Sen. Sec. School, Deon



NCC Volunteers focusing on the need of maintaining Swachhta at Govt. Sen. Sec. School, Deon



Volunteers after executing the Activity along with the school students

ਬਾਬਾ ਫਰੀਦ ਕਾਲਜ ਆਫ ਇੰਜੀਨੀਅਰਿੰਗ ਐਂਡ ਟੈਕਨਾਲੋਜੀ ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਨੇ 'ਸਵੱਛ ਭਾਰਤ ਸਮਰ ਇੰਟਰਨੈਸ਼ਿਪ ਪ੍ਰੋਗਰਾਮ' ਵਿਚ ਹਿੱਸਾ ਲਿਆ

ਬਠਿੰਡਾ, 11 ਜੁਲਾਈ (ਕੇਵਲਜੀਤ ਸਿੰਘ ਸਿੱਧੂ)- ਬਾਬਾ ਫਰੀਦ ਕਾਲਜ ਆਫ ਇੰਜੀਨੀਅਰਿੰਗ ਐਂਡ ਟੈਕਨਾਲੋਜੀ, ਬਠਿੰਡਾ ਦੇ 160 ਤੋਂ ਵਧੇਰੇ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਆਪਣਾ ਨਾਂ ਇਸ 'ਸਵੱਛ ਭਾਰਤ ਸਮਰ ਇੰਟਰਨੈਸ਼ਿਪ' ਨਹੀਂ ਰਾਜ ਖਰਚਾਇਆ ਹੈ। ਹਰੇਕ ਵਿਦਿਆਰਥੀ ਨੇ ਆਪਣੇ ਸਾਥੀਆਂ ਨਾਲ ਮਿਲ ਕੇ ਆਪਣੇ ਸਾਥੀਆਂ ਨੂੰ ਸ਼ਕਤੀਮਾਨ ਬਣਾ ਕੇ ਆਪਣਾ ਸਮੇਂ ਸਿਰ ਵਿਚ ਆਪਣਾ ਸਮੇਂਦਾਨ ਪਾਉਣ ਦੀ ਸਹੂਲਤ ਦਿੱਤੀ ਹੈ। ਇਸੇ ਲਈ ਹਰੇਕ ਵਿਦਿਆਰਥੀ ਨੇ ਆਪਣੇ ਸਾਥੀਆਂ ਨੂੰ ਸ਼ਕਤੀਮਾਨ ਬਣਾ ਕੇ ਆਪਣਾ ਸਮੇਂ ਸਿਰ ਵਿਚ ਆਪਣਾ ਸਮੇਂਦਾਨ ਪਾਉਣ ਦੀ ਸਹੂਲਤ ਦਿੱਤੀ ਹੈ। ਇਸੇ ਲਈ ਹਰੇਕ ਵਿਦਿਆਰਥੀ ਨੇ ਆਪਣੇ ਸਾਥੀਆਂ ਨੂੰ ਸ਼ਕਤੀਮਾਨ ਬਣਾ ਕੇ ਆਪਣਾ ਸਮੇਂ ਸਿਰ ਵਿਚ ਆਪਣਾ ਸਮੇਂਦਾਨ ਪਾਉਣ ਦੀ ਸਹੂਲਤ ਦਿੱਤੀ ਹੈ।

ਦੀ ਸੇਵਾ ਤੋਂ ਜਾਣੂ ਕਰਵਾਇਆ ਅਤੇ ਸਮੇਂ ਸਿਰ ਵਿਚ ਆਪਣਾ ਸਮੇਂਦਾਨ ਪਾਉਣ ਦੀ ਸਹੂਲਤ ਦਿੱਤੀ ਹੈ। ਇਸੇ ਲਈ ਹਰੇਕ ਵਿਦਿਆਰਥੀ ਨੇ ਆਪਣੇ ਸਾਥੀਆਂ ਨੂੰ ਸ਼ਕਤੀਮਾਨ ਬਣਾ ਕੇ ਆਪਣਾ ਸਮੇਂ ਸਿਰ ਵਿਚ ਆਪਣਾ ਸਮੇਂਦਾਨ ਪਾਉਣ ਦੀ ਸਹੂਲਤ ਦਿੱਤੀ ਹੈ।

'100 ਘੰਟੇ ਦੀ ਸਵੱਛਤਾ' ਮੇਂ ਬਾਬਾ ਫਰੀਦ ਗੁਪ ਕੇ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਲਿਆ ਭਾਗ



ਸਰਕਾਰੀ ਸਕੂਲ ਦੀ ਸਫਾਈ ਕਰਦੇ ਹੁਏ ਬਾਬਾ ਫਰੀਦ ਗੁਪ ਕੇ ਵਿਦਿਆਰਥੀ।

ਬਠਿੰਡਾ (ਮਾਂਡੀਆ): ਸਵੱਛ ਭਾਰਤ ਦੇ ਲਿਏ ਦੇਸ਼ ਭਰ ਮੇਂ ਯੁਵਾਓਂ ਕੋ ਯੋੜਨੇ ਆਰ ਉਨਕੇ ਫੂਨਰ ਆਰ ਵਿਕਾਸ ਕੇ ਲਿਏ ਭਾਰਤ ਸਰਕਾਰ ਨੇ ਸਵੱਛ ਭਾਰਤ ਸਮਰ ਇੰਟਰਨੈਸ਼ਿਪ ' 100 ਘੰਟੇ ਦੀ ਸਵੱਛਤਾ' ਮੁਹਿਮ ਸ਼ੁਰੂ ਕੀ ਗਈ। ਇਸ ਮੁਹਿਮ ਮੇਂ ਸਭਸੇ ਮੁਹਿਮ ਭਾਗ ਲੈਣ ਵਾਲੇ ਭਾਰਤ ਦੇ ਫਰ ਯੁਵਾਓਂ ਕੋ ਜ਼ਰੂਰਤ ਹੈ। ਇਸ ਪ੍ਰੋਗਰਾਮ ਕਾ ਉਦੇਸ਼ 31 ਜੁਲਾਈ 2018 ਤਕ 100 ਘੰਟੇ ਲਗਾਕਰ ਸਮੇਂ ਸਿਰ ਖੇਤਰ ਮੇਂ ਸਮਾਜ ਸੇਵਾ ਕੇ ਲਿਏ ਯੁਵਾਓਂ ਕੋ ਯੋੜਨੇ ਆਰ ਇਸ ਸਵੱਛਤਾ ਕਾਮਿਏ ਕੇ ਲਿਏ ਮਹੱਤਵਪੂਰਨ ਯੋਗਦਾਨ ਦੇਣ ਹੈ। ਬਾਬਾ ਫਰੀਦ ਕਾਲਜ ਆਫ ਇੰਜੀਨੀਅਰਿੰਗ ਆਰ ਟੈਕਨਾਲੋਜੀ ਕੇ 160 ਤੋਂ ਵਧੇਰੇ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਆਪਣਾ ਨਾਮ ਇਸ ਸਵੱਛ ਭਾਰਤ ਸਮਰ ਇੰਟਰਨੈਸ਼ਿਪ ਕੇ ਲਿਏ ਦਰਜ ਕਰਵਾਏ ਹੈ। ਪ੍ਰਾਯੋਗ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਆਪਣੇ ਸਾਥੀਆਂ ਨੂੰ ਆਰ ਟੈਕਨਾਲੋਜੀ ਕੋ ਸਕਰਨਕਮਕ ਰੰਗ ਕੇ ਸਾਥ ਆਪਣਾ ਕਰ ਇਸ ਮਿਸ਼ਨ ਮੇਂ ਆਪਣਾ ਯੋਗਦਾਨ ਦੇਣੇ ਕੀ ਕਸਮ ਠਹੇਰੀ।

ਦੈਨਿਕ ਸਾਧਕਾ dainiksaveratimes.epaper.in/c



12-Jul-2018 Page: 9

Media Coverage of the Activity



Name of Activity: **Planting for Future: A Tree Plantation**

Organizing Unit: **NCC Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Gram Panchayat Village Sangu Dhoun**

Date of Execution: **July 3, 2018**

Location: **Village Sangu Dhoun (Distt: Shri Mukatsar Sahib)**

Number of Students Participated: **27**

Trees clean the climate by absorbing carbon dioxide from the environment and releasing oxygen. In an endeavor to create awareness and to contribute to the same, on July 03, 2018, around 27 student volunteers of the NCC unit of Baba Farid College of Engineering & Technology organized the 'Planting for Future: A Tree Plantation program at Village Sangu Dhoun Dist. Shri Mukatsar Sahib under the scheme of "Van-Mahotsav" in collaboration with Gram Panchayat of Village Sangu Dhoun. Before the activity, the volunteers were inspired by the Dean of Student Welfare, Er. Amandeep Singh. He said that achieving one's life's objectives and aspirations requires dedication. After the inspirational words, Volunteers moved toward the place where the plantation took place. This Plantation Program played a role in the health & hygiene and cleanliness, and awareness drive by the youngsters. With generous support from the college, volunteers were given about 37 saplings and brought them into the village and started planting saplings. All the volunteers formed several groups of 2-3 and were advised to plant saplings in the gardens, school, courtyards, and safe places wherever possible in the village. The activity began with the help of Gram Panchayat representatives. They planted saplings of Neem, Ashoka, and other trees as well. The Dean of Student Welfare, Er. Amandeep Singh shared the importance of planting more trees which can improve their living environment and turn the villages into beautiful and green places. He thanked all for their active participation in this tree plantation ceremony and enthusiastically interacted with students about the environment, and environmental crises like pollution.



Volunteers during Tree Plantation at Village SanguDhoun



Volunteers planting the saplings in the village with help of the Local Residents



Report of Extension and outreach program for 2017-18



Name of the Activity: **Awareness Drive on Social Evils**

Organizing Unit: **NSS Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Local Municipal Corporation**

Date of Activity: **February 4, 2018**

Place of Activity: **Village Pitho (Distt: Bathinda)**

Number of Students Participated: **27**

An awareness drive on social evils was organized by the NSS Unit of Baba Farid College of Engineering and Technology Bathinda on February 4, 2018, at Village Pitho (Distt: Bathinda) under the scheme of “Social Awareness Program” in collaboration with “Local Municipal Corporation” to make the community aware about all the social evils prevailing in the society and also, they were motivated to be mentors for the society to remove these evils. The speakers were Er. Navjot Singh (Coordinator, NSS/NCC Unit), Dr. Nimisha Singh (Assistant Professor, Department of Computer Science and Engineering). A total of 27 students participated in this activity.

The seminar started with an opening speech by Er. Navjot Singh, who highlighted the importance of addressing social issues and finding ways to resolve them. Er Suman Rani addressed the audience and provided an overview of the current state of social issues in our society. Er Hardeep Singh talked about the different causes of poverty and the effects it has on people's lives. At the end of the seminar, a vote of thanks was given by Village Sarpanch, to all attendees. He expressed his gratitude for their attentive attention and supportive participation throughout the course. He also shared his valuable thoughts and shared many experiences of his life. He also made them aware that only youth can bring a positive change in society. The seminar concluded on a positive note.



Glimpse of Awareness Drive on Social Evils



Name of Activity: **Run for the Finish: Muktsar Marathon**

Organizing Unit: **NCC Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **District Olympic Association, Muktsar**

Date of Execution: **March 18, 2018**

Location: **Giddarbaha (Distt: Sri Mukatsar Sahib)**

Number of Students Participated: **35**

The Run for the Finish: Muktsar Marathon was organized by the NCC unit of Baba Farid College of Engineering & Technology in collaboration with District Olympic Association, Muktsar, a non-profit organization in the Gidderbaha on March 18, 2018. 189 volunteers participated in this Marathon including 35 NCC cadets from Baba Farid College of Engineering and Technology along with 11 faculty members.

It was a running event in compliance with international guidelines that would redefine the marathon in the Malwa Region of Punjab. Disclosing this on that day, Dr. Sumeet Jarangal (Deputy Commissioner) said that Sri Muktsar Sahib has immense religious as well as historical importance. He said that 40 Sikh Warriors ‘Chalie Muktas’ fought bravely here against the prejudice spread by Mughal Emperors. “Now in this new Arena, Muktsar District again stands against the most dreadful disease- drugs spreading in the youth and it has started gearing up for the first edition of Muktsar Marathon 2018 powered by HDFC to disseminate messages against drugs,” he added. All the athletes pounded the pavements and hit the roads of the hinterlands of the district of Sri Muktsar Sahib, emanating from the urban landscape to the crossroads leading onto the vast countryside.

The Muktsar Marathon race was a successful event, with participants and spectators alike enjoying the atmosphere and energy of the event. The race provided a platform for runners to challenge themselves and achieve their goals, and it was a testament to the power of human endurance and perseverance. The next edition of the City Marathon race is eagerly anticipated by many, and it is expected to attract an even larger number of participants.



Muksar Marathon 2018: Er. Amandeep Singh, Dean of Student Welfare, BFCET interacting with the Media during the Marathon



Muksar Marathon 2018: One more glimpse from This Marathon



Name of Activity: **Trees for Life: A Health and Wellness Tree Plantation Initiative**

Organizing Unit: **NCC Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Gram Panchayat Village Maha Badhar**

Date of the Activity: **October 18, 2017**

Location: **Village Maha Badhar, District Muktsar (Punjab)**

Number of Students Participated: **23**

On October 18, 2018, NCC Unit of Baba Farid College of Engineering & Technology organized a tree-planting activity as part of Project Hariyali Punjab in the village of Maha Badhar with collaboration of Gram Panchayat. 23 volunteers of NCC unit participated under the direction of Er. Navjot Singh to make the exercise a huge success.

Principal, BFCET interacted with the students and motivated them by saying that tree plantation connects the students to the benefits of trees and fosters environmental stewardship. He said that Baba Farid College of Engineering & Technology always had a strong vision and commitment to the service of society. He also explained the significance to both the volunteers and society as a whole. Students took active role in the activity and spread a message of environmental preservation. The volunteers worked tirelessly to plant a variety of trees, including neem, peepal, banyan, and mango Tamarindus Indica etc. Each tree was dedicated to a local resident who had taken part in the planting process, and they had pledged to care for their designated tree. In total, over 40 trees were planted by a combination of teachers, volunteers, and community members. Tree plantation was done on different locations suggested by village Sarpanch and completed successfully. Students shared that tree planting activity was a learning experience.



Tree plantation at Village Maha Badhar:- Students involved in planting plants



Name of the Activity: **Stop the Bug: Stop the Flu**

Organizing Unit: **NCC Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Gram Panchayat Village Kot Bhai**

Date of the Activity: **October 17, 2017**

Location: **Village Kot Bhai District Sri Mukatsar Sahib (Punjab)**

Number of Students Participated: **43**

Swine flu or Influenza being a dreadful disease which caused a major fear among the common people of India across various strata of society. It is the most recent pandemic diseases that have rapidly affected the World's Population. Malwa Region was also witnessing a swine flu outbreak with significant morbidity and mortality. Therefore, taking this into consideration 43 v o l u n t e e r s of NCC Unit accompanied by Er. Navjot Singh (Coordinator of NSS/NCC) organized a One-day visit on dated October 17, 2017 at Village Kot Bhai, Dist. Shri Muktsar Sahib with collaboration of Gram Panchayat (Village Kot Bhai) for the Awareness Campaign against Swine flu with the help of Gram Panchayat.

The camp started with an introductory session about the visit and introduction with Mr. Sukhdeep Singh (Sarpanch, Village Kot Bhai) along with other Panchayat Members. After seeking permission, our volunteers managed to divide themselves into 04 groups, and all the groups were accompanied by the faculty members & representatives of the Gram Panchayat. The v o l u n t e e r s visited each member of the house in the village and guided them about this fatal infection. They highlighted the symptoms and preventive measures they should take in order to save themselves from Swine Flu. They made them aware that it is necessary that a person having symptoms of swine flu like high fever, cough, etc., should not come in direct contact with other people. Being a contagious disease, it spreads from one person to another, thus patients of swine flu need to be kept isolated from others. Awareness messages were conveyed to different audiences such as older people, pregnant women, and young children, and were disseminated via posters, fact sheets, and adverts in local languages. Besides, the volunteers identified a few needy families and gave them medicines also. In the end, Mr. Sukhdeep also addressed the gathering and paid his sincere thanks to all the volunteers and Baba Farid College of Engineering & Technology regarding social work and appealed to all to follow the necessary preventive measures to stop this flu. Overall, the whole volunteer group actively participated in making the community awareness against Swine Flu and helped this small initiative to become a grand success.



Stop the Bug: Stop the Flu: Students seed happiness by creating awareness & distributing medical kits to the needy



Stop the Bug: Stop the Flu: Students interacting & creating awareness about Swine flu during door to door Campaign in the Village



Stop the Bug: Stop the Flu: Students with Mr. Sukhdeep Singh, Sarpanch, Gram Panchayat and other Panchayat Members



Name of the Activity: **Seminar on Women Rights**

Organizing Unit: **NCC Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Gram Panchayat Village Daula**

Date of the Activity: **September 11, 2017**

Location: **Village Daula (Distt: Bathinda)**

Number of Students Participated: **23**

The NCC Unit of Baba Farid College of Engineering & Technology always plays an active role of involving & mentoring the students in social welfare activities and welfare of mankind. Since gender inequality constitutes one of the history's most persistent and widespread forms of injustice. By eliminating it, we not only make progress on Sustainable Development Goals, we also make gains on the alleviation of poverty and fuel sustainable economic growth. In the same row, to eliminate all forms of discrimination and violence against women in the public and private spheres and to undertake reforms to give women equal rights to economic resources and access to ownership of property about 23 volunteers of the NCC unit participated in one day awareness seminar on Women Rights at Village, Daula (Distt: Bathinda) in Collaboration with Gram Panchayat under Gender Equity on September 11, 2017. As it has been very sensitive topic since ancient era. Students interacted with the Sarpanch, Gram Panchayat & discussed about the purpose behind the visit i.e. to understand the various gender issues in the rural areas, to analyse the existing laws and prepare legal professionals to contribute for the future. They were highly appreciated for their initiative. Sarpanch, Gram Panchayat said such kinds of seminars and sessions really enhance motivation among the youth. He requested to the coordinator and faculty members to arrange such events at short intervals so as to aware the people in rural community about such topics. He also managed to call around 33 men & women within a short span of time at the Committee Hall.

Er. Jayoti Arora Bansal (Dean Academics) also addressed the gathering about the severe gender issues such as Gender Equity, Female Literacy Rate, and Equal Voting Rights etc. for changing people's attitude, mind sets by means of accepting and allowing women who are of the decision-making process, into it. While addressing, she also said that Gender Equality is not only a fundamental human right but a necessary foundation for a peaceful and sustainable world. The exclusion of women places half of the world's population outside the realm of opportunity to partner in building prosperous societies and economics.



decision- making processes are not only rights that women should have, they also benefit humanity at large. She also urged that every individual of our society yearns for equal status, opportunity and rights. While her addressing, she explained about implementation of new legal frameworks regarding female equality in the workplace and the eradication of harmful practices targeted at women is crucial to ending the gender-based discrimination prevalent in the society. She stressed upon students to motivate those children who not goes to school toward education as students played very important role in war of independence and revolution of freedom, she added. Shesaid there was a time when Women were not allowed to vote.

Er Amandeep Singh paid his sincere thanks to the Gram Panchayat for allowing them to interact with the people and all who listened to the volunteers with a keen interest & patience.



Seminar on Women Rights at Daula: Speakers interacting with the Local Residents during this Awareness Seminar



Seminar on Women Rights at Daula: Local Residents showing their keen interest in understanding the various gender issues& related challenges in the rural areas



Name of Activity: **Clean Sweep: Engaging in Community Cleanup Efforts**

Organizing Unit: **NCC Unit of Baba Farid College of Engineering & Technology**

Collaborating Agency: **Govt. Sen. Sec. School, Bhokra**

Date of Activity: **September 06, 2017**

Location: **Village Bhokra (Distt: Bathinda)**

Number of Students Participated: **33**

NCC Unit of Baba Farid College of Engineering and Technology organized a cleanliness drive 'Clean Sweep: Engaging in Community Cleanup Efforts on September 06, 2017 in village Bhokra with collaboration of GSSS, Bhokra under Swachh Bharat Abiyane. Total 33 student volunteers participated in this activity.

The volunteers started cleanliness in Govt. Sen. Sec. School, village Bhokra along with Mr Joginder Singh (Headmaster, GSSS (Bhokra), Mr Iqbal Singh (Science Master), and various Gram Panchayat Representatives. Er. Navjot Singh (Coordinator, N S S / N C C Unit) explained the long-term vision of the collaboration between instate and Village, Bhokra because of making strong cooperation required for the village's betterment and development. He also mentioned that India is a country of villages and we should honestly look for ways to develop our villages and in return, the country would automatically prosper. He also stressed that the college-village relationship was not a one-day or week affair but a prolonged relationship and bond that would continue and prosper.

Volunteers divided themselves into three teams and targeted the areas within the school premises for executing the cleanliness drive. One team removed the weeds and extra grass from the lawns with falcons and pruned the plants in the garden. They managed to make it clean & attractive as well. The second team selected the empty places alongside the playground and backyard to plant saplings in a well-organized way. With generous support from the Baba Farid Group of Institutions, Bathinda they were also provided 23 saplings to plant that day.

In the end, Mr Joginder Singh addressed the students and motivated them by saying that these kinds of initiatives and activities are expected to not only provide a great learning experience to students but also hope to enhance the existing measures undertaken by them to ensure a



clean and healthy community. Gram Panchayat Representatives too encouraged all the Swachh Bharat Team members who decided to devote their time to village development and promised all cooperation and facilitation to the team. Volunteers interacted well with the local students and community and adjusted admirably to the rural setting. The volunteers did a commendable job in mobilizing the community and the huge turnout of people that attended the programs bears testimony to this fact.



Volunteers Participating in Clean Sweep: Engaging in Community Cleanup Efforts